



# Welcome Back!

## Florida HOSA

### Celina Boodramsingh - State President



Hey there, Florida HOSA! Guess who's back? Well, I hope you all had a relaxing and enjoyable summer; you all deserved it for putting SO MUCH work and dedication into our organization and your competitive events last year.

stop there. I plan to continue encouraging members to get involved, and to get to know one another. I want to see this HOSA family closer than ever. I, along with my new State Team, am going to cut loose at LDC to put on the best Leadership Development Conference Florida HOSA has ever seen.

But that's not all, folks. Wait until you see how we plan to increase our membership! This year is going to be full of energy and excitement! My title may have changed, but I'm still the same ol' Celina; and I'm ready to team up with the new State Officers and make this year rock! I love you, Florida HOSA! See you at LDC!

Florida HOSA members, you are the best! So I want to take this time to thank you all for everything that you do for HOSA - THANKS!

Now, down to business. What do I plan to do for you in the coming year? Well, Florida HOSA, last year my goal was to stress the importance of networking and to facilitate that concept at all of our conferences; and I won't

#### Special points of interest:

- Updated Competitive Event Guidelines posted at [www.HOSA.org](http://www.HOSA.org)
- Florida HOSA Calendar of Events posted at [www.FLHOSA.org](http://www.FLHOSA.org)
- State Team to travel to Washington, D.C. in September for Leadership Academy and to speak to elected officials

### Rahma Mkuu - State President-Elect

Welcome back, Florida HOSA members! I hope you all had a fantastic summer! I am so excited about serving as your State President-Elect! I could not be happier to get to serve some of the most talented students in Florida. I hope you are as excited about this year as I am!

Let me tell you a little bit about myself. I am originally from Kenya, East Africa and I

moved to Florida in 2004. My father works as a dairy scientist and my mother is a sales person. I have a brother and two sisters, but I am the oldest! I love talking and I love cake! I am currently a freshman at the University of Florida and I am planning on majoring in Nutrition while talking pre-med classes. Enough about myself, though.

I am so excited and motivated; this year is going to be a bombastic one! I am looking forward to LDC,

SLC, and NLC. I plan to motivate members to become more active. My goal is that Florida HOSA dominates at the National Conference this year! I am looking forward to serving you, my fellow HOSA members!



## Jady Gray - State Northern VP, Secondary



Hey there, Florida HOSA! It seems like just last week we were in Orlando for SLC and then Dallas for the NLC. I can't tell you what your friendships have meant to me in the short time that I've gotten to know some of you. The last five months have been truly amazing!

First, I guess I should tell you a little about me. My name is Jady, not JD, although those are my initials. My mom and Dad wanted to give me a name that was so different that you wouldn't need to say my last name.....so there you go. I live in Bell with my parents and younger brother. In addition to the Health Academy and HOSA, I play drums in

the school band and during the winter months I play on the varsity basketball team.

As of right now, I'm still undecided about my education after high school. I'm pretty sure that I'll work in the health field, possibly in physical therapy or sports medicine. I also want to coach basketball.

My hope for this year is that all of you share the passion that I do for this organization. Choose an event early, work hard on it all year, and be ready to compete in January. Meet as many people as you can and HAVE FUN!

LDC at Camp Kulaqua is just around the corner and I can't wait to see you all again. My goal this year is to get out and visit as many schools as possible. Please feel free to contact me if I can help you or your chapter in any way.

*"The best way  
to predict  
your future  
is to create it."*

- Unknown

## Frank Berdos - State Northern VP, Postsecondary

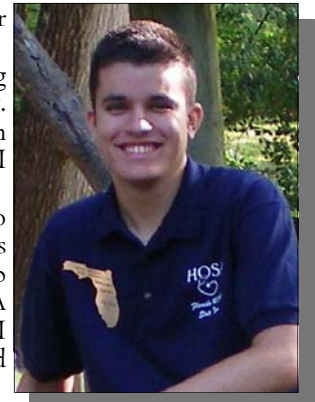
Welcome back, Florida HOSA! I hope everyone had a great summer and is excited about another great year for Florida HOSA!

First off, I am a sophomore at the University of Florida majoring in Classical Studies on the Pre-med track, with a minor in Chemistry. I plan to one day become a Cardiothoracic Surgeon with my own practice. In addition, I have been in HOSA for the last six years and I have competed at the Regional, State, and National levels.

This year, Florida HOSA has another great group of individuals to lead the way and I am very excited for the challenges and experiences that are ahead! I hope to see Florida HOSA grow in all membership areas, but especially in the postsecondary division (YES - HOSA continues on into college...UF, FSU, Community Colleges, etc.) I look forward to meeting members from all over the state and promoting this organization along the way!

For those HOSA members that participated in the National Leadership Conference in Dallas this summer - Congratulations! It was a blast and I enjoyed meeting all of you! I hope Florida sweeps the awards session in Nashville next year!

As a State Officer, I welcome the task of representing you, Florida HOSA! I can't wait to meet all of you at our conferences this year! Make this the best year EVER; Rock on, Florida HOSA!



## Andres Conde - State Southern VP, Secondary



I would like to welcome you to the 2008-09 Florida HOSA school year and what I promise will be our best year yet in Florida HOSA. I am a recent graduate of Coral Reef Sr. High School where I attended the medical magnet. Being your new Southern Vice-President Secondary, I would like to thank

you for giving me the opportunity to lead Florida HOSA to its most successful year ever. My goal is to unite our organization more than it already is and also encourage more students to join and make Florida the largest State Association (we are currently the second largest behind Texas HOSA). As your new State Officer, I would like to enlighten all students in Florida HOSA to the

importance of a medical career and encourage all those non members of HOSA to join and benefit from all it has to offer. This fall I will be attending Santa Fe Community College and I look forward to restarting their chapter.

Your new State Officer team is ready to serve you and make Florida HOSA the best it can be for all its members. I look forward to seeing you at LDC!

## Alissa Conde - State Southern VP, Postsecondary



Welcome back, Florida HOSA! Yes, I am back too. I am currently a junior at the University of Florida (Go Gators!) where I am majoring in Health Sciences, Pre-med. I have been a member of Florida HOSA for the past six years and was just elected to the position of President for the HOSA at UF chapter. But enough

alone; how is that for amazing? And with another full State Team, Florida HOSA is going to do some great things.

I want to reconnect with our postsecondary members and encourage their participation in our wonderful organization. I know that when I moved to Gainesville to attend UF, I had found my sanctuary in becoming a member of Florida HOSA. Our postsecondary membership increased significantly over the past year and I would like to see that continue. I hope to accentuate the benefits that competition in a specific field

will give them, and to educate them on the opportunities for growth as an individual and a professional, as well. The resources in being affiliated with HOSA are practically endless.

Another personal goal of mine is to visit more chapters and regions during their conferences and really get to know our members better. I sincerely believe that we are a unique network where all things can be achieved. It is with great honor that I get to serve the wonderful members and advisors of Florida HOSA for another year. See you soon; peace and love.

about me, Florida HOSA, what about you?

With over 9,700 members, you make up more than 10% of the National HOSA membership

## Christie Miller - State Parliamentarian

Welcome back, members! I hope everyone's summer went well and that each and every one of you got enough rest because this year will be filled with excitement, new ideas, and new goals.

I am from New Smyrna Beach High School and I'm in the home stretch before graduation; in other words, I am a senior this year. With extreme appreciation, I'm truly honored to have been given this chance to represent you this school year. With that said, I want you to know that this year will be extraordinary; and I can assure you that if you participate in HOSA and work hard to compete in an event, our State Team will make sure

your time in Florida HOSA is well spent!

As we press on through the fall, I want you to think about how each of you, individually, has impacted HOSA. If it weren't for all of your hard work and motivation, our membership wouldn't be nearly as high. So congratulate yourselves and continue to work hard through this year.

As for new members, welcome to the family! Look to those who have set positive examples before you and spread the word about HOSA. This year as a State Officer, I will do my best to serve the needs of our members.



*A special thanks goes out to all the HOSA Advisors who attended the NLC in Dallas this past June and assisted with the management of CPR/First Aid and Public Service Announcement. Because of your dedication, these events ran very smoothly. Florida HOSA Advisors, you are the best!!!*

## Penny Wars



At the 2008 NLC, the National Voting Delegates voted to keep the National Service Project as Autism Speaks. In order to support this very worthwhile organization, we need you to start saving your pennies and loose change now to bring to the State Leadership Conference next April for another round of Penny Wars. The region that raises the most money will be recognized at the SLC and receive a plaque to commend their achievement.

Last year, Florida HOSA raised a total of \$9,916.29; another new record of giving for our organization! Region 9 reclaimed the Penny Wars crown with a tally of more than \$5,000! Now, the question is, can they hold on to it; or will another region make its move this year? The prize is up for grabs at SLC 2009. No matter which region takes home the crown, though, the real winner will be Autism Speaks. More information about this organization may be found at their website, [www.autismspeaks.org](http://www.autismspeaks.org). Let's show Autism Speaks what HOSA, and especially our Florida HOSA members, can do!

**SECONDARY WINNERS****Biomedical Debate**

- 5th Ponson; Hoffman; Wilson; Lam  
Pensacola Catholic High School

**Biotechnology**

- 3rd Shannon Williams  
Pensacola Catholic High School

**CERT**

- 1st Giraldo-Henao; Alonso  
Coral Reef Senior High School  
5th Vanges; Volero  
Coral Reef Senior High School

**CPR/First Aid**

- 2nd Joseph; Osborne  
North Miami Senior  
6th Jeansimon; Churchill  
North Miami Senior

**Clinical Specialty**

- 7th Jennifer Chandler  
Boca Ciega High School  
8th Rose Rejouis  
William H. Turner Tech

**Clinical Nursing**

- 4th Yanier Valdes  
Miami Lakes

**Community Awareness**

- 1st Apac; Mendez; Knuckles  
DeSoto County High School

**Extemporaneous Health Poster**

- 1st Yanira Rodriguez  
Plant City High School

**First Aid/Rescue Breathing**

- 2nd Nayla Lopez  
Coral Reef Senior High School  
8th Lila Durkee  
St. Lucie West Centennial High School

**Forensic Medicine**

- 2nd Palomino; Cheaves  
Manatee High School

**Health Education**

- 4th Ramos; Novaton  
North Miami Senior High

**Home Health Aide**

- 3rd Samantha Dubarry  
Coral Reef Senior High School  
9th Jonathan Parisen  
Boca Ciega High School

**Interviewing Skills**

- 3rd Michael Brislawn  
Miami Palmetto High School

**Knowledge Tests: Nutrition**

- 2nd Amanda Fuillerat  
Lake Gibson High School  
6nd Christine Bursey  
Jupiter High School

**Knowledge Tests: Pathophysiology**

- 7th Patricia Diskant  
Palm Beach Gardens High School

**Knowledge Tests: Pharmacology**

- 6th Jenny Jean  
Coral Reef Senior High School

**Medical Assisting-Clinical**

- 8th Hector Vega  
South Dade Senior High School

**Medical Laboratory Assisting**

- 2nd Monique Doulaghsingh  
William H. Turner Tech  
4th Ryan Prioleau  
William H. Turner Tech  
10th Alina Mateo  
William H. Turner Tech

**Medical Photography**

- 7th Katrina Floderus  
St. Lucie West Centennial

**Medical Terminology**

- 8th Katie Kuretski  
Jupiter High School  
10th Sayeef Mirza  
Tampa Bay Tech

**Nursing Assisting**

- 1st Amy Mosely  
Gainesville High School  
8th Sarah Beth Hall  
DeSoto High School

**Parliamentary Procedure**

- 7th Kearns; Morris; Couch; Hastings; Miller;  
Stephens  
Chiefland High School

**Personal Care**

- 2nd Katelyn Brackin  
Lake Gibson High School

**Physical Therapy**

- 2nd Nicole Millard  
Jupiter High School  
8th Sara Sapp  
St. Lucie West Centennial

2008 NLC Winners

**Public Service Announcement**

- 4th Maharana; Idos; Rodriguez; Tazi;  
Goodman  
Tampa Bay Tech
- 8th Fussell; Long; Parsons  
Lake Gibson High School

**Sports Medicine**

- 7th Krista Williams  
Miami Palmetto High School

**Veterinary Assisting**

- 9th Johanna Welch  
Manatee High School
- 10th Brittany Motkowicz  
Manatee High School

**POSTSECONDARY WINNERS****Administrative Medical Assisting**

- 1st Dustin Mashburn  
Manatee Technical Institute

**Career Health Display**

- 4th Hudson; Kemble  
Manatee Technical Institute
- 9th Hoang; Hoang  
PJC Warrington Campus

**Clinical Nursing**

- 6th Joanna Alyn  
Miami Lakes Tech Ed Center
- 7th Julie Belmont  
Miami Lakes Tech Ed Center

**Creative Problem Solving**

- 6th Riddlehoover; Needle; Carraway; Schuman  
Indian River Community College
- 8th Forehand; Harding; Lingo  
Manatee Technical Institute
- 10th Aderman; Kalinowski; Ross; Callihan  
Manatee Technical Institute

**Dental Assisting**

- 1st Sheryl Seewer  
Manatee Technical Institute
- 3rd Jason Akal  
Manatee Technical Institute

**Dental Spelling**

- 1st Robert Hall  
Indian River Community College
- 3rd Charity Bradley  
Manatee Technical Institute

**Dental Terminology**

- 1st Yukie Kessler  
Manatee Technical Institute
- 2nd Sylvia Smart  
Manatee Technical Institute

**Extemporaneous Health Poster**

- 6th Mario Flores  
Manatee Technical Institute

**Extemporaneous Speaking**

- 4th Frank Berdos  
University of Florida

**Job Seeking Skills**

- 4th Megan Lafave  
High Tech Center North

**Knowledge Tests:****Human Growth & Development**

- 4th Ashley Dickerson  
Pinellas Tech

**Knowledge Tests:****Concepts of Health Care**

- 3rd Nancy Collins  
Pinellas Tech

**Medical Math**

- 9th Nancy Perez  
High Tech Center North

**Medical Photography**

- 2nd James Moore  
PJC Warrington Campus

**Medical Terminology**

- 1st Wendy Juarez  
High Tech Center North
- 7th Marian Siefert  
High Tech Center North

**Nursing Assisting**

- 1st Erica Vandeboss  
Manatee Technical Institute

**Physical Therapy**

- 1st Jenny Eastwood  
Indian River Community College
- 2nd Lenny Casiano  
Indian River Community College
- 4th Elia Lexine  
Indian River Community College

**Sports Medicine**

- 1st Jen Wysock  
Indian River Community College
- 2nd Stephanie Almeida  
Indian River Community College

**Veterinary Assisting**

- 2nd Kristonn Colborn  
Indian River Community College

2008 MLCE Winners



**Florida HOSA State Office**  
14646 NW 151st Blvd.  
Alachua, FL 32615




Office: (386) 462-HOSA  
Fax: (386) 462-1601

WE'RE ON THE WEB!  
[WWW.FLHOSA.ORG](http://WWW.FLHOSA.ORG)



**LDC 2008**  
will be held at Camp  
Kulaqua in High  
Springs, Nov. 14-16.  
Don't miss this  
opportunity to develop  
your leadership skills  
and have some fun.

Registration information will be  
mailed out in September.

-  *Attend Leadership Workshops*
-  *Meet Fellow HOSA Leaders*
-  *Participate in Fun Activities:  
Go-carts, Hayride, Bonfire*

## State Advisor's Greetings

Welcome back, Florida HOSA! What a year we had in 2007-2008! Not only did we remain the second largest HOSA State Association in the nation, but we grew by over 10% to a new membership record of 9,726! This year all signs are pointing to our organization surpassing the 10,000 member mark and National HOSA exceeding 100,000 members. In addition to setting a new record for members, you also set a new mark for contributions to the National Service Project, Autism Speaks (see page 3).

I am thrilled to have the honor of serving this outstanding organization! It is because of your passion and commitment that we continue to thrive. You didn't join HOSA to increase its membership numbers, you joined to enhance your healthcare skills and gain leadership experience; and you had so much fun doing it, you couldn't keep it to yourself. If we keep our focus on providing those opportunities for our members to excel, everything else will fall into place. I hope you are as excited as I am about this year as we work together to meet the challenges facing the healthcare system.

Our first state conference of the year will be the Leadership Development Conference (LDC 2008), November 14-16. Current and future HOSA leaders will begin equipping themselves to better serve our members at this conference to be held at Camp Kulaqua in High Springs, Florida. LDC Registration instructions will be mailed out in September; the deadline to register will be October 17.

Our members will continue to refine their skills in leadership and health science at the State Leadership Conference in Orlando. SLC 2009 will convene at the DoubleTree Hotel at the Entrance to Universal Orlando, April 2-5.

NLC 2009 will be held at the Opryland Hotel in Nashville, Tennessee, June 24-28, so start making your plans now to attend.

I hope you will take advantage of the many opportunities HOSA offers you and I look forward to hearing about the great things happening in our HOSA chapters all across the state this year. Don't forget that HOSA Week is the time to promote your chapter and mission at your school; HOSA Week will be November 2-8. Have an awesome year!!