

LDC 2007

HOSA



Florida HOSA

Jan Rodriguez - President

LDC

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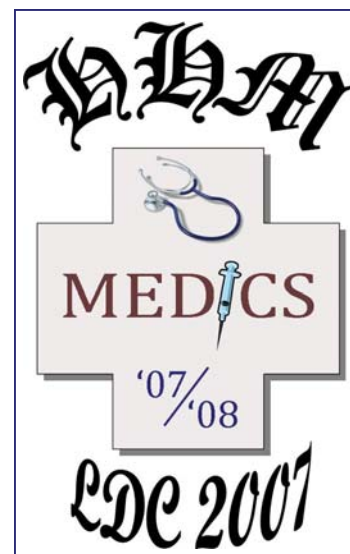


Hooollaaa, Florida HOSA! I hope that all of you are having a great time in school and in your HOSA chapter! And I really hope that you are getting excited about LDC!

This year the State Team has worked really hard in preparing a conference that you will enjoy! You will have to study and bring your books to this LDC, because Florida HOSA is going back to school! That's right, we've all been cast in HOSA High Musical! When in HHS (HOSA High School) you will encounter different aspects of school and how to deal with them; but the best part will be HOMECOMING! We are going to liven up Camp K with our great HHS Medics Homecoming Pep-rally and Bonfire!

So bring your excitement with you, because as you enter the gates of HHS you are going to feel that thrilling Medics school spirit! The class schedules have been posted and you are sure to learn great ideas to take back to your chapters!

LDC is going to be a blast...so come on out and root for the Medics! Florida HOSA, are you ready for HOSA HIGH SCHOOL?



Celina Boodramsingh - President-Elect

Penny Wars

Cha-Ching! What's that sound? Sounds to me like the start of a new and exciting year of penny collections! As I'm sure you're all aware, Florida HOSA has always been an enthusiastic and generous donor when it comes to Penny Wars. Each region will compete against one another to see who can scrounge up the most pennies. The competition is fierce and the stakes are high, not to mention the

right to claim the title of "Penny War Champs" for a year. Last year, Region I claimed the title and our organization set a record amount of giving with over \$9,000 being donated. So let's get to it, Florida HOSA. Dig deep in those pockets and put your region one cent closer to victory. Aside from the healthy completion, we all know that the pennies are donated to support a very worthy cause; the National



Service Project - Autism Speaks. So please, Florida HOSA, help us, help others. See ya soon!

Inside this issue:

Competition	2
HOSA Week	2
Washington Leadership Academy	3
Scholarships	3
Region 12	4
Pin & T-shirt Design Contest	4
LDC Overview	5

Sadie Abboud - Northern VP, Sec.



Practice that CPR, memorize those speeches, and brush up on your medical terminology because it's that time of year again, ladies and gentlemen - competition time! Whether this your first or last year competing, I have one very important piece of advice for you; start preparing NOW!

For our beginners - competition should be a time of fun, excitement, and learning for you. However, you won't be able to experience that if you're stuck cramming for your competition 10 minutes before it

starts! First, you much choose your competition. Head on over to www.HOSA.org and find an event that you're interested in and take on the challenge! Second, collect all the resources you will need to be successful. Whether that may be three more teammates or a ton of construction paper, get organized! Last, make sure to set up a schedule of times when you can practice and, most importantly, stick to that schedule!!

For our veterans, my advice is the same to you. The competition is getting tougher and tougher each year, so don't underestimate the

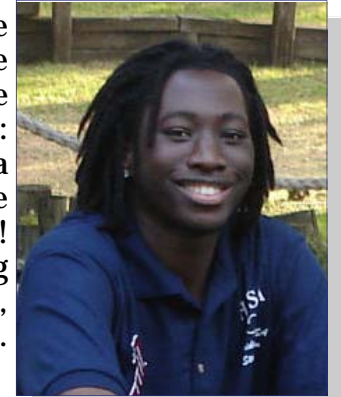
Competition

importance of quality preparation. If you've already found an event that you've not quite mastered and plan on giving it another try, I say more power to you! For others though, I challenge you to turn over a new leaf and compete in something else this year. It never hurts to broaden your horizons and you never know what new skills you might pick up along the way. I'm so excited for another year of competition and you should be to! So, go ahead Florida HOSA, practice, memorize, create, study, and most importantly, don't forget to have FUN!

Andrew McLaurin - Northern VP, PS

Hello FL HOSA! Well, it's that time again. What time you ask? It's time to start preparing and studying for your competition. HOSA has made some very exciting changes to the events line up this year. They have added five brand new events and have renamed the categories. The new events are: Biotechnology, Home Health Aide, CERT, Forensic Medicine, and Florida HOSA's very own Public Service Announcement. I hope you keep up the good work; I just know that you are going to be ready when the time comes! We are going to clean up at the National Conference this year, so let's bring the heat to DALLAS. If you have not yet found the event that you want to do, you can go to the National HOSA website for a list of the competitive events. Get excited; I can't wait to see you at the conferences!

NEW EVENTS



Jenny Pierre Louis - Parliamentarian



HEY, HEY, HEY, HOSA MEMBERS!!! I hope everything is going well for you all as the new HOSA year has begun. Well, as you know, HOSA Week is right around the corner. So let's put all our ideas together and let HOSA be known. If you're a little stuck and don't know exactly what you want to do, you can always go to the National HOSA website and check out last year's ideas. For example, members of the Pensacola Junior College, Warrington Campus, presented HOSA appreciation

certificates to Escambia County EMS and fire fighters. The local newspaper and television station covered the event. Anything you do that represents HOSA to the best of your ability is GREAT. Did you know that HOSA Week is also a competitive event? Well, you do now! If you think that your HOSA Week ideas are the best in the state, or even the nation, then this event will be perfect for you. Remember, our goal is to take the knowledge of HOSA out to the community. I wish you all the best of luck and have FUN with it.

HOSA Week

Miguel Dorotea - Southern VP, Sec. Washington Leadership Academy

"We cannot always build the future for our youth, but we can build our youth for the future." These inspirational words from our thirty-second President, Franklin D. Roosevelt, might have been what inspired National HOSA to hold its First Annual Washington Leadership Academy. State Officers and Advisors from across the nation met in our nation's capital for a four day conference last month. Florida HOSA State Officers, Jan Rodriguez, Andrew McLaurin, and I, along with our State Advisor, Lloyd De Vault, arrived in D.C. on September 22 where we quickly sparked the fire at the Opening Dinner Session with our enthusiasm! The conference was filled with many leadership activities; a "Quest for Leadership" that had us venturing all around the D.C. area (may I add - D.C might be a very small district, but when you're walking from place to place - WOOO! It feels like you're walking from Manhattan to Brooklyn just for some cheesecake!); and sightseeing of national monuments. And WOW, was that Lincoln Memorial BIG!!! We even got to play leap frog around the Washington Monument! On Tuesday morning, we had meetings in several Florida Representatives' offices, as well as a meeting with a staff member in Senator Bill Nelson's office. We discussed the mission of HOSA and the progress that has evolved from our organization. I believe the Washington Leadership Academy has given us an extra push and valuable knowledge that we can apply in our positions as State Officers. And with that said, I leave you with one question.....Do you know who was the first President of The United States? Hint: it was not George Washington...LOL! See you At LDC!!!



Alissa Conde - Southern VP, PS

Scholarships



Helloooooo, Florida HOSA! It is that time of the year again; back to the grind with work, and exams, and the amazing social events you have planned for the year. Actually, here in HOSA, we've got something planned for you, too. But it is up to you to access this amazing advantage. I am sure you are going to love it, once I tell you all about it. Ready? FREE MONEY! Being a college student, I know that I would love free money, and as a member of HOSA you have the opportunity right at your fingertips. As a HOSA member, you have access to three scholarships. Two of the scholarships are offered only to Florida HOSA members; the Florida HOSA Foundation Scholarship and the HOEAF (Health Occupations Educators Association of Florida) Scholarship. The Florida HOSA Foundation Scholarship is for any Florida HOSA member who is either a senior secondary or postsecondary student that plans to further his/her education at a Florida institution pursuing a health related field. The HOEAF Scholarship provides for

students who are also seeking a career in the health care field; however, the student's advisor must be a member of HOEAF to win this scholarship so please encourage your advisor to join. For more details on these scholarships, please go to the Florida HOSA website, www.FLHOSA.org.

Finally, the HOSA Scholarship; just by filling out this one application and sending it to National HOSA Headquarters, you have made yourself eligible for over thirty (yes, 30) different scholarships. Isn't that fantastic? These scholarships are available again to senior secondary and postsecondary members. This scholarship likes to reward well-rounded students participating in leadership activities and community service, plus the student must be enrolled in a health science class for eligibility. For more fine tuning on what requirements are necessary to apply, please check out the National HOSA website at www.HOSA.org. Let's put our best foot forward, HOSA members, and go get ourselves some FREE MONEY! Happy Hunting!

Region 12

The “NEW” Region 12 is off to a great “Start of Something New,” as we had expected! On Sept. 29th we held our first Fall Leadership Conference at New Smyrna Beach HS where we had 5 schools in attendance and elected our Region 12 Officers for the year. Congrats to Anissa Sirois (President), Meghan McCardel (Vice-President), Christie Miller (Secretary), Ryan Kelly (Treasurer), and Nikki Bukata (Parliamentarian) for their “Bop To The Top” positions in leading Region 12. We would also like to extend a huge “thank-you” to State Officers Sadie Abboud and Jan Rodriguez for leading a session on Ice Breakers and Communication Skills; as always they were GREAT. Another big “thank-you” goes out to National Officers Jude Alcide, Jennifer Roesch, and Raelise Emard for leading a breakout session on Team-building and Leadership Skills during the conference; their enthusiasm was abounding as always.

We are looking forward to meeting everyone at LDC for our “HOSA HIGH MUSICAL” weekend! Because as HOSA members....“We’re All In This Together”!

2008 State Pin and T-Shirt Design Contest

Florida HOSA Wants You!!! To Design a Logo for the 2008 Florida HOSA State Trading Pin and SLC T-Shirt.

Florida HOSA is extending you the opportunity to submit your creative design exhibiting this year’s Florida HOSA Theme, “**Hold a Hand, See a Smile, Save a Life.**” The full theme must be written as part of the design, as well as the year “2008.” The winning design must also have a Florida motif. The criteria for this year’s competition:

- Include designer’s name, school, and chapter on back of design
- The designer must be a Florida HOSA member in good standing (affiliated/paid member)
- Entries must be submitted on 8.5” x 11” white unlined paper, a 3.5” diskette, or a computer CD (in jpeg format)
- Submit one drawing denoting the color scheme or colored correctly (limit: 5 colors)
- The design should be drawn at least 5” in size (size will be modified when placed on t-shirt and pin)
- All entries must have the Florida HOSA theme, “**Hold a Hand, See a Smile, Save a Life,**” the year “**2008,**” and a **Florida motif.**
- All designs submitted become the property of Florida HOSA, Inc.
- The winner will be announced in the February Florida HOSA Newsletter and at the 2008 State Leadership Conference during the Recognition Session.

The winner will be presented with 10 Trading Pins and 2 T-shirts. The trading pins and t-shirts will be sold at the State and National Leadership Conferences. Please mail entries to: Florida HOSA State Advisor, Attn: Design Contest, P.O. Box 2157, Alachua, FL 32616. The **deadline** for this contest is **January 9, 2008 (postmarked).**

LDC Door Prizes

For the conference, we are asking that each school attending bring a small prize related to the High School Musical theme. Please do not spend more than \$15 per prize. Thank you!



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Check us out on the web!
www.FLHOSA.org

The 1st Annual Florida HOSA State Advisor CHALLENGE

Can he do it?

Check the Florida HOSA website
during HOSA Week for more info!

LDC 2007 CONFERENCE OVERVIEW

LDC 2007 is scheduled to begin at 12 noon on Friday, November 16 at Camp Kulaqua in High Springs, Florida. All participants are requested to check-in between 12 noon and 2 p.m. on this day. Check-out will be Sunday, November 18, between 11:00 a.m. and noon. In addition to the General Sessions that will be held for all HOSA members, each of the State Officers will be leading a workshop dealing with specific aspects of leadership and advisor workshops will be held throughout the conference. A HOSA Sales table will have items available for purchase; however, the table will only be open until approximately 6:30 p.m. on Friday and will not reopen until Sunday morning. On Saturday afternoon, members will have the opportunity to participate in team competition at the "Pep Rally," and that evening will be the hayride and bonfire. The Florida HOSA, Inc. Board of Directors' meeting will be at 7:30 a.m., Saturday, November 17 and the Florida HOSA Foundation meeting will be at 12 noon on Sunday, November 18 for all Foundation members.

Please remember that Camp Kulaqua is a casual atmosphere, and that you may want to bring the following with you to make your stay more enjoyable.

- ✓ Casual attire. Shorts and jeans are permitted; however, shorts must be two inches above the knee or longer. You will probably want a good pair of walking shoes, also.
- ✓ North Florida can get cold! Please be sure to bring your jacket and warm clothing.
- ✓ Insect repellent to keep the 'squitos away
- ✓ Snacks and soda (Camp K does not serve caffeine)
- ✓ Alarm clock
- ✓ Camp K provides linens, but an extra sleeping bag and towel never hurts
- ✓ Most importantly, bring an OPEN MIND and an OPEN HEART.

We have much planned again for this year, so we hope to see you there!