Happy 2018 to my fantastic Florida HOSA family! I sincerely hope you all had wonderful holidays and are ready to finish this HOSA year strong. The State Officers and I have been attending your Regional Competitive Event Conferences across the state and are happy to announce that we have never seen such burning passion in members before. We thank you all so much for allowing us to visit your regions and see your hard work in action.

Soon enough all of your work will finally be put on display when over 3,000 dedicated members, advisors, and guests will be meeting at the State Leadership Conference in the Gaylord Palms Resort & Convention Center, April 5th - 8th. While the State Officers are diligently working towards making this State Leadership Conference the best one yet, it is important for you to follow three simple steps to success.

First - studying and working on your competition does not end at regionals, keep practicing, keep studying, and keep the creativity flowing.

Second - engage with members from across the state. Networking allows you to gain insight from other’s experiences and also have the opportunity to create lifelong friendships. Members are so much more than just a name and a region - I challenge you to figure out the rest.

Last - have fun. No matter the outcome or ranking of your competition, it’s the memories along the way that make the experience what it is. Take photos with new friends, dance to the music during the general sessions, and lastly, don’t forget to smile along the way.

Whether or not this is your first ever State Leadership Conference or the last one in sight, be prepared for an experience unlike any other with Florida HOSA: Future Health Professionals!! See you all VERY soon!

**FLDA was Great Because of You!**

This FLDA was one for the comics! We learned all about the different aspects of leadership in the workshops led by your State Officers and other guests. We applied those leadership skills within our State Officer teams where you guys came up with some amazing skits and posters! We raised money for the National Alliance on Mental Illness. And finally, we came together once again as a HOSA family. We owe a great part of this year’s FLDA success to our amazing advisors that came along with their chapters and regions, as well to our amazing FHAPA members!! A very special thank you goes to these past State Officers that came to help out. Whether it was working to get everything organized or helping us run the workshops, Florida HOSA is thankful for your dedication and continued service to us and the organization. We also want to thank all of the members that attended as you were all so respectful to one another and helpful in making this FLDA run as smoothly as possible. The State Officers, as well as everyone who had a part in putting together FLDA 2017, had such a great time and that is thanks to you - our members - that were so involved! The Future of Florida HOSA is bright and we truly enjoy meeting and talking to all of Florida HOSA’s members!
Hello again, Florida HOSA members! I hope the start of 2018 has been fantastic! We are making our way towards the annual State Leadership Conference and the State Team is very excited about the events and competitions that we will have. Along with the anticipation of meeting all of you again, the competitive events, and making memories and friends at the SLC, we are also anticipating the Penny Wars. To participate in the Penny Wars, there are a few steps:

1. Each region will gather as many pennies as they can before SLC.
2. After the pennies are collected, they should be taken to the bank to be converted into a check.
3. The check should then be taken to Conference Headquarters at the SLC before noon on Friday, April 6th.
4. After the check is received, the total is credited to the amount each region collected during the State Leadership Conference.
5. The region who has the highest points wins!
6. There is also one more thing - at the SLC, you can throw pennies into your own region’s bottle to increase your region’s points, and you can place nickels, dimes, quarters, and bills into the other regions’ bottles to lower their point total by that amount (a dime would decrease their bottle by 10 points; a $5 bill would lower their total by 500 points!!). The greatest joy in winning Penny Wars comes not only from being able to be proud of your region and brag to your friends from other regions, but from knowing that the money you raise will be given to this year’s National Service Project - NAMI. The National Alliance on Mental Illness is our continued HOSA Service Project and you will be giving towards an amazing cause by collecting one penny at a time.

While you are giving towards a great cause to help others, there is also an opportunity for you to receive scholarships towards your college education as well! The State Officers have raised funds throughout the year to give to the Florida HOSA Foundation Inc.; you can find the application for this scholarship on the Scholarship Page at www.flhosa.org - the postmark date is February 15th for this scholarship. The HOEAF Scholarship application can also be found on our Scholarship Page - the postmark deadline is March 1st. You will also find a link to the HOSA Scholarship - the deadline to apply is March 15th.

I can not wait to see you all at the State Leadership Conference and will be expecting a great Penny War. I also wish you the best of luck in applying for the scholarships!

Suzane Nazir
State Northern Vice-President
Postsecondary/Collegiate

Evangelina Wong
State Northern Vice-President, Secondary

Getting Ready for SLC 2018!

The best time of the year has come to a near! Your 2017-2018 State Leadership Conference is around the corner, are you ready? Get fired up competitors, because the moment you’ve been waiting for is finally here! After months (or days for those procrastinators) of hard work, preparation, and studying, your talent is finally being put to the test! Not only will you get to experience the adrenaline of competing, but also surrounding yourself with your HOSA family from across the state or meeting new people (for those first timers). You made it this far! Keep up the studying and preparing! You might score yourself the opportunity to compete nationally and attend ILC in Dallas, Texas. Your state team is looking forward to seeing you at the Gaylord Hotel in sunny Orlando! Good Luck!!!
Always dream and shoot higher than you know you can do. Don’t bother just to be better than your contemporaries or predecessors. Try to be better than yourself.”

- William Faulkner

Help us Support the Florida HOSA Foundation Scholarships!

Hello, Florida HOSA Members,

I hope you had a happy New Year! And I hope you all had a wonderful time at your Winter Leadership Conferences!

With those conferences coming to an end, it is time to start preparing for the State Leadership Conference in April.

At the SLC, many scholarships are given to our wonderful and deserving Florida HOSA Members. This year the State Officers have been working hard to serve you by having fundraisers to raise money for the scholarships. At SLC be on the lookout for these fundraisers.

First - come join the State Officers and play a friendly game of Cornhole! You can play against any State Officer in a game of cornhole for just $2! When you win (if you win!), you will be given a signed certificate to show you have won against a State Officer.

Second - we will be selling lollipops at the SLC Conference Headquarters for just $1! Each lollipop comes with a chance to win a prize!

While preparing for SLC, I want to remind you to bring money to help support the Florida HOSA Foundation Scholarships. Thank you so much and good luck at SLC! We are all so excited to see you!

Dress Code

Hello, my fellow Florida HOSA members! With most of the Winter/Spring Conferences over, many of you, including myself, are getting ready for this year’s State Leadership Conference in Orlando. The State Officer Team is looking forward to seeing many of you again and meeting new members of Florida HOSA! SLC is an exciting time for the members and a conference that we all look forward to. However, remember that we are going to be representing Florida HOSA throughout the conference which means that we should look professional at all official HOSA functions, such as the general session. The dress code for SLC is a navy blue/black suit or the official HOSA uniform which is a black/navy blue suit jacket, black/navy blue pants, black/navy blue slacks or skirts for ladies, a white collared shirt for men, white blouse for ladies, black/navy blue closed-toed shoes, and black/navy blue belt. The attire should all be one color (black blazer with black pants or navy blue blazer with navy blue pants). Men are also required to wear a maroon/navy blue tie, while the ladies have the option of wearing the official HOSA bowtie. Shirts should be tucked in and no undergarments should be visible while in official HOSA attire. During your competition, proper attire may vary from the official HOSA attire to scrubs or khakis with a polo. Refer to your competitive event’s guidelines for the expectations for your event’s dress code. I hope you all have started out 2018 strong; I look forward to seeing you at the State Leadership Conference!
The artist will be presented with two t-shirts and ten HOSA pins during the Recognition Session at the State Leadership Conference in Orlando, FL. Thank you for your outstanding work!

Congratulations!

Phoebe Zhang of Cypress Bay High School

Thank you to everyone that submitted designs! All of them were amazing!

Also, thank you to everyone that gave a moment of their time to vote on the designs. We greatly appreciate your input!
Region 5 was off to an excellent start this school year. First off, we had the Fall Leadership Conference that took place on October 18th at the Turner Agri-Civic Center in Arcadia. During this conference, we had quite a few guest speakers. Among them were Advisors Dr. Marilyn Goodman, Laura Sollenberger, and Jon Syre who spoke about HOSA and its competitive events. A high school student, Cale Carter, spoke about his own experience competing in Medical Photography. In addition, students from Nolan Middle School presented a fashion show “HOSA Dress Code Attire”. Our special guest speaker, Jacqueline Anorga, Florida HOSA State President, gave an amazing speech on HOSA’s 2017-2018 theme, “Create Your Future”.

Following those incredible speeches, the new Region 5 officers were elected: Cale Carter was elected as President, Brittany Lockhart as Vice-President, Lorena Lara as Secretary, Brenda Perez as Historian, Cameron Kiernan as Parliamentarian, and Middle School reporters: Lexington Kahler, Erica Kozak, Denny Lu and Guillermo Rojas.

Next up was the Fall Leadership Development Academy, which was a weekend full of fun alongside our fellow members. At Camp Kulaqua, Region 5 got the opportunity to meet lots of HOSA members from all over the state. In addition to meeting new people, our members and officers attended many workshops and learned new leadership skills that were brought back to their chapters and region.

The Regional Competition took place on February 9th at Keiser University with our members doing a great job in competitions. The Region 5 Officer team would like to wish all competitors the best at the SLC! We look forward to seeing our region come together soon!

Lorena Lara, Region V Secretary

Region 12 Update

Happy New Year from Region 12 HOSA! I hope everyone’s experience at FLDA was one to remember! Now we are gearing all of our hard work and preparation towards representing Region 12 at the upcoming SLC!! No matter the outcome of your competition, we hope the conference can add to your life in waves that can move mountains. The advancement of leadership and networking qualities are byproducts you will be thrilled to take home.

At our Regional Conference, we added a new feature to get ahead of Penny Wars, as well as supporting our National Service Project. We appreciate all of you bringing your pennies to the Regional Conference on February 3rd at Deltona High School!! We will be turning these in at the 2018 SLC Penny Wars!

Mental Illness - Know the Warning Signs!

Trying to tell the difference between what expected behaviors are and what might be the signs of a mental illness isn’t always easy. CHECK THE FACTS!

National Alliance on Mental Illness - NAMI.ORG

2016 - 2018
HOSA Service Project

National Alliance on Mental Illness (NAMI)
https://www.nami.org/

Start collecting your pennies and loose change for Penny Wars at the SLC!