With the weather cooling down, the changing colors of the leaves, and the Storming of Area 51 - you guessed it, it’s time for the 2019 Fall Leadership Development Academy (FLDA)! We take this year’s conference to the cosmos with the agents of leadership, featuring Florida HOSA’s very own “Men in Black”! We can’t wait to see which of you will be joining each of our agents’ teams!

Returning leaders - welcome back! We are excited to see you all again! For our first-time attendees, FLDA consists of leadership workshops held by your State Team! Workshops range from key aspects of leadership that can be applied in any setting, as well as to your conferences. Regional Officers, - we have something very special planned for you during the Regional Officer Workshop! This will be a weekend filled with leadership lessons and fun! You will have the opportunity to network with other members, Regional Officers, and your State Team throughout the conference! From exciting skits to the Intergalactic Cup, we can’t wait to share this experience with you all!

As always, we will have our Saturday night hayride and enjoy an exciting campfire evening. We’ll see you all November 15 - 17 for an out-of-this-world FLDA experience!

Florida HOSA, thank you so much for changing my life! Yes, I know that sounds dramatic, but the experience that I have had thus far with this amazing organization is truly unmatched. Let’s look at one more thing that we have to look forward to this year!

Every year HOSA members work diligently to raise money for the HOSA Service Project. But let’s mix some healthy competition into it. Penny Wars is a way for you as HOSA members to donate to the 2018-2020 HOSA Service Project - the National Pediatric Cancer Foundation.

Here’s how it works: each region will have a jug at the SLC in which members can place coins or bills. Each penny equates to 1 point. Simple enough, but here’s the catch! Each silver coin or paper bill placed into a region’s jug results in those points being taken away from the region. Here’s an example - say Ben places 300 pennies into Region A’s jar. Then, Martha from Region B decides to sabotage him and places three dollar bills into Region A’s jar. Now Region A has 0 points. Make sense? Last year at the State Leadership Conference, a grand total of $11,029.54 was raised! That is phenomenal! I challenge you to beat that record this year, Florida HOSA, and I have a hunch that you will!

With the new year upon us, I just can’t wait to meet all of you! Each of you is working hard to make your HOSA dreams a reality. Don’t be afraid to reach out to anyone on the State Team; we would love to answer your questions or just say hello!

Sricharan Pusala
State President

Varsha Katoju
State President - Elect
Fundraising

Florida HOSA, I hope you all are as excited about this year as I am! Pumpkin spice season has begun, which means that our annual Fall Leadership Development Academy (FLDA) is right around the corner. I can guarantee you that this FLDA will be out of this world because your State Officers have been working diligently to prepare this conference, so that you all have an experience you will not forget!

There are many different aspects to FLDA; one of the vital aspects is fundraising for our Florida HOSA Foundation Scholarship. Your State Officers have come up with several different fundraisers for you all to participate in! We have brought back Kahootling with the State Officers! This is a challenge where you can create your own team and go against your State Officer team in several different categories. You can have a team of 3-5 people and each quiz will be $3.00 per team. The Florida HOSA State Officers accept the challenge; DO YOU? Also, your State Officers have designed a long sleeve t-shirt. If you did not pre-order one, some will be available at the FLDA for $15 each - first-come, first-served while supplies last. We are excited to have the lollipop tree available again. If you pick the winning lollipop, you could win a gift card! Our last fundraiser might get a little messy. You all will have the opportunity to toss a pie in a State Officer’s face for $2 per pie or the whole State Officer team for just $10.

FLDA is quickly approaching and we are excited to see you all!

Hello again, Florida HOSA! This past September, your State Officer Team had the chance to represent Florida HOSA at the 13th Annual Washington Leadership Academy (WLA). It was a breathtaking experience to learn how to be a “Positive Influential Leader” as we toured the nation’s capital, witnessed some groundbreaking keynotes, and told our elected officials on the Hill about HOSA! It was a consensus by our team that if we could attend WLA (more like WL-yay!) again, we would do so in an instant! We thank you, Florida HOSA, for making it possible for us to go and be fully equipped with new leadership skills that we will use to make this year an AMAZING one!

And as members of this wonderful organization, you have the opportunity to apply to become a State Officer! In December, the State Officer Candidate application will become available on the Florida HOSA website. But whoa! - you have to wait until AFTER January 1st to submit it, with the last day to have it postmarked as February 1st. Once an application has been fully approved, please prepare for the State Officer Candidate Exam that will be held at States! For those candidates that meet the score standard, an interview will be conducted for a chance to be slated for a State Officer position. And starting this coming SLC, we have a NEW addition to the election process! Members will get to introduce themselves to the slated State Officer candidates at our new Meet and Greet! The following morning, at the Business Session, all slated candidates will have an opportunity to present a speech to the Voting Delegates.

We thank you all again and wish all of our prospective candidates good luck!
Hello, Florida HOSA! As school has kicked off to a great start, I hope you all are ready for the upcoming HOSA year. With regions preparing for their conferences, it is time to get in gear for your HOSA competitive events!

Whether or not this is your first year competing, be sure to attest to your interests. Make sure to select an event that you enjoy and that you can successfully prepare for. If you choose to do a team event, delegate responsibility and work with like-minded people that you can trust. Do not forget to refer to your event guidelines! Visit a local library or bookstore and browse online databases for competitive event resources. Additionally, do not be afraid to reach out to a peer, mentor, or HOSA officer for help and guidance! Most importantly, the best advice I can give you is to believe in yourself. Always value your abilities and work towards your strengths.

Preparing for competitive events will be an imperative part of your HOSA journey. Regardless of the end result, always remember that the real benefit of the competition is realized in the preparation itself. Proceed ahead this year with focus, diligence, and a passion for becoming the best version of yourself. I wish you all the best of luck and I cannot wait to see what you all accomplish this year!

There is nothing permanent except change.

-Heraclitus
Florida HOSA members, are you currently enrolled in, or have aspirations to attend, college? I hate to break it to you, but if you didn’t know already - college is not free. And take it from me, every year gets harder and harder! BUT luckily you have joined Florida HOSA and HOSA - Future Health Professionals which can provide you with opportunities to combat college debt. Are you ready to go toe to toe with the dragon of college tuition? Yes? Well allow me to equip you with the armor and weapons to take on a beast of such magnitude.

If you look on the Florida HOSA website under the “Resources/Publications” tab and select “Scholarships”, it will bring you to two main options - the Florida HOSA Foundation Scholarship, and the HOSA Scholarship. Click on either of these scholarships and it will redirect you to the application or the website.

Ahhh, the Florida HOSA Foundation Scholarship. If you are a secondary senior or postsecondary/collegiate member of Florida HOSA, there is no excuse for not applying for this scholarship! On the document you will find that it outlines the instructions and mandatory items that need to be submitted. The Florida HOSA Foundation Scholarship has a postmarked deadline of February 15th!

The HOSA Scholarship is sponsored by Global/National HOSA and their partners. More than 70 members received a scholarship last year by completing the application. Details for applying for the HOSA Scholarship can be found here: [http://www.hosa.org/node/150](http://www.hosa.org/node/150). The deadline to apply is March 15, 2020.

Now that I have given you the blueprints to create your sword and armor to defeat the dragon of college tuition, it is up to you to begin the journey; you must now create your own tools to be successful. I find that most reasons students do not apply for scholarships is not because it is too much work, but because they do not want to put themselves at risk for rejection. Trust me, rejection only makes you stronger and after all…it is free money. If you have any further questions, please feel free to contact me.

James: Hey! Is it worth it?
Agent K: Oh yeah, it’s worth it ... If you’re strong enough.

- Men in Black (1997)
As we start the new year of 2019 - 2020, we have lasting memories of attending the 2019 International Conference in Orlando in June. We not only met many new HOSA members from across the nation, exchanged state pins, and enjoyed the general sessions and great speakers, but the Gulf Coast Region had 2 postsecondary, 4 secondary, and 5 middle school competitors place in the top 10!

Looking toward the future, we are beginning the year by adding a new middle school (Dr. Mona Jain MS) and high school (Parrish Community HS), as well as welcoming some new advisors. Chapters are organizing projects and activities within their own communities and schools. Some of the activities are: King MS - Volunteering at a county food drive called “Stuff the Bus” and attending a DEA sponsored youth summit on opioid use and addiction; Nolan MS - Conducting a school wide penny war to collect money for the National Pediatric Cancer Foundation; Lakewood Ranch HS - participating in a Road to Safety Program; Sarasota HS - Volunteering for the NPCF fashion show; and Pine View - investigating a mentorship program for younger students.

The Regional Fall Conference in Arcadia on October 15th was a great kick-off to the year and was well-attended. We elected our Regional Officers and learned about the new changes to several of the competitive events. We are also looking forward to the FLDA in High Springs in November, the Regional Competitive Events Conference at Manatee Technical College in January, and the State Leadership Conference in Orlando next April. We are anticipating that this year will be a Great HOSA year!