



## Florida HOSA Middle School Division 2020 – 2021 Competitive Events Program

The HOSA Middle School Competitive Events Program provides an opportunity for students to strengthen knowledge, improve skills, and develop leadership ability. Self-confidence and courage are benefits of healthy competition. The ability to strengthen interpersonal relationships and to accept with grace both success and defeat are characteristics of the leaders of tomorrow. Middle school members are able to compete in only **one competitive event total**, plus as many Recognition Category events as they would like. Only the top 3 competitors in each event from the regional conferences will be able to advance and compete at the State Leadership Conference (SLC); however, if any of the top 3 competitors are unable to attend the SLC, the 4<sup>th</sup> and/or 5<sup>th</sup> place competitors may take their place as long as there are no more than 3 competitors per event from one region competing at the SLC. The SLC Registration Deadline Date will still need to be met for any 4<sup>th</sup> and/or 5<sup>th</sup> place competitor substitutions.

On the HOSA website, you can find the [Middle School Handbook](#) (link) which has an overview of the program at the National/International level, meeting ideas, letter templates, and more. The Middle School Program in Florida HOSA will follow the National/International HOSA Middle School Handbook. Below is information to help you and your members as you prepare for competition and the various conferences.

- **Competitor Limits** - **Middle school members may enter only one event total**, and/or as many Recognition Category events as they would like (please see next page).
- **Advancing from the Regional Competitive Event Conferences to the State Leadership Conference** - The top 3 competitors in all middle school competitive events can advance to compete at the State Conference. Registration deadlines must be met.
- **Recognition Category Events** - Members/Chapters in all Recognition Category events automatically advance to the State Conference. Deadlines for Recognition Category event submissions must be met in order to be recognized at the State Conference and International Leadership Conference (ILC).
- **State Leadership Conference Middle School Awards Session** - During the Middle School Awards Session, the top 5 winners in each competitive event will be called to the stage to receive medals and ribbons (1<sup>st</sup> place - gold medal, 2<sup>nd</sup> place - silver medal, 3<sup>rd</sup> place - bronze medal, 4<sup>th</sup> place - white ribbon, and 5<sup>th</sup> place - green ribbon). **The top 3 competitors from each of these events can then advance to compete at the ILC, if they choose.** If one of the top 3 winners in any of the Middle School competitive events is not able to attend the ILC, the 4<sup>th</sup> place winner then becomes eligible to compete at the ILC. If any of the remaining top 5 winners are unable to attend the ILC in an event in which the 4<sup>th</sup> place winner has become eligible to compete, the 5<sup>th</sup> place winner then becomes eligible to compete at the ILC.

***Please see next page for a complete list of Middle School Competitive Events.***

**A Competitor May Select Only One Event  
From All the Events Listed in the Blue Box Below:**

## Middle School Competitive Events

- Foundations of Medical Terminology
- Medical Reading
- Nutrition
- Health Career Exploration
- Public Health
- Extemporaneous Health Poster
- Healthy Lifestyle
- Prepared Speaking
- Speaking Skills (Competitors MUST be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act [IDEA])
- Health Career Display
- Health Education
- Exploring Medical Innovation
- Health Career Preparation
- Dynamic Decisions
- Math for Health Careers
- Life Threatening Situations

Guidelines link: <http://www.hosa.org/guidelines>  
(Click on Middle School event titles to download)

**and/or**

## Recognition Category Events

(may select as many as would like)

Barbara James Service Award (Individual Event)  
HOSA Service Project (Chapter Event)  
HOSA Happenings (Chapter Event)

Guidelines link: <http://www.hosa.org/guidelines>  
(Click on Middle School event titles to download)

As always, if you have any questions, please do not hesitate to contact the Florida HOSA State Office. We look forward to another exciting year as we work to make our Middle School Division even better!