



**THE #CYBERSPACE RACE:
ZOOMING TO UNLOCK
YOUR POTENTIAL**

 **VFLDA 2020**



Varsha Katoju
State President

From the inspiring State Officer workshops to the fantastic Field Day and the beautiful bonfire, the annual Fall Leadership Development Academy is truly one of the best conferences that Florida HOSA puts together. Due to the COVID-19 pandemic, your 2020 FLDA conference has been made virtual. In the best interest of our members and their safety, we believe that a virtual conference will allow us to keep our promises of service, learning, leadership, and innovation. The theme for this year's VFLDA is (can I get a drumroll please)... "The #Cyberspace Race: Zooming to Unlock Your Potential". VFLDA 2020 will be packed with State-Officer paired workshops on amazing leadership topics! There will also be a "Zoom Triathlon" in place of our regular FLDA Field Day and even a virtual campfire! We know how valuable the networking opportunities at FLDA are, so we have made sure to incorporate as many as we can! After each session, you can even stick around for an extra hour to attend a virtual after-party with your State Officer team! To keep with our theme, each of your State Officers will be a different

social media app. I will be YouTube, Rhea will be Instagram, Neha will be Twitter, Josh will be Facebook, China will Snapchat, and Keyshawn will be TikTok. We will be battling it out with our teams for that Cyberspace Crown! We cannot wait to embark on another leadership journey with our members, even if it is through a computer screen. Trust me, you will not want to miss this virtual conference. For more information about VFLDA please visit the Florida HOSA website at <https://flhosa.org/conferences/fall-leadership-development-academy-flda/>.

**"If you want to fly, give up everything that weights you down."
~ Gurubogsa**





Getting Ready For Competition

It's that time of the year again, Florida HOSA! Competing is one of my personal favorite elements of HOSA. I learned to harness my skills, work with team members, and show pure nerve in the judging room.

I hope each student can find an event that aligns with their interests and even fuel a health career pathway. If you are not sure which competition sparks your inner healthcare professional, no worries! At <http://www.hosa.org/CEUUsefulTools>, flow charts for Middle School and Secondary - Postsecondary can guide you to a decision. Other incredible resources are the event guidelines, your HOSA Chapter Advisor, and fellow HOSA members!

During these difficult times, we hope your competitive event provides an outlet for creativity and a safe space to learn skills. Meet early with team members and practice! You will fondly remember the hours you spent persevering together. Make your training process fun by delving into your passions and thinking outside the box. As always, take time for yourself to spend with family and friends, stay focused in other areas of your life, and make the most out of this opportunity! We cannot wait to witness your strength, determination, and camaraderie at upcoming conferences. Good luck!



Rhea Pitale
State President-Elect

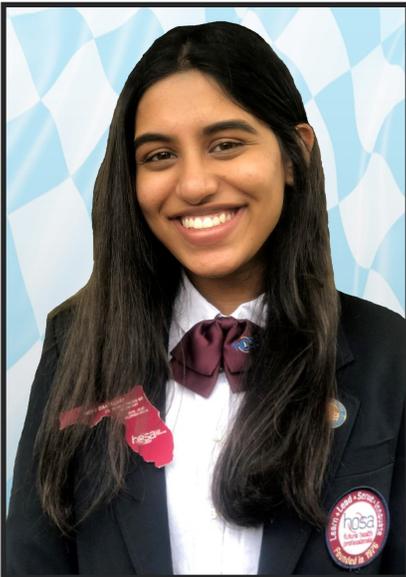


“Winning doesn’t always mean being first! Winning means you are doing better than you were doing before.”

~ Bonnie Blair



Penny Wars



Neha Dantuluri
State Northern VP, Sec.

Hello, Florida HOSA members! I hope you all have successfully acclimated to online learning in this unprecedented school year. Even though most of our days are spent on Zoom, you can still make a big difference! An amazing activity that we host is the annual Penny Wars. This year all of the proceeds will go to Be The Match Foundation, the 2020 - 2022 HOSA Service Project.

Are you interested in taking part in this event? The guidelines are simple:

1. Until SLC 2021, be sure to locate and donate any spare pennies to your region. If you are able to, make sure to collect other forms of spare change/cash to reduce the number of points another region may have. For example, 1 penny = 1 point. But, if Region A had 100 pennies and Region B placed a \$1 bill in their jar, Region A would lose 100 points!
2. The winning region is the one with the most amount of money raised after all of the possible point deductions. The top region will be crowned the Penny Wars Champion at the SLC Recognition session!
3. Most importantly, remember to have fun!



Remember, every contribution counts! No matter how small or big you contribute, your impact is immeasurable! Thank you all so much and do not be afraid to reach out to me if you have any questions or concerns! Stay safe and don't forget to wear your masks!



Fundraisers

Florida HOSA is having a fundraiser! No, not the type of fundraisers like booths or stands but with the long sleeve t-shirts we will be selling for the new VFLDA. The State Officers and the State Office staff have put a lot of thought and effort into these one's for sure! I have seen them myself and I know that you all will enjoy them!

The t-shirts are available for \$20 and can only be purchased through pre-order when an advisor registers their students for the online conference. The proceeds of our fundraisers will go to the Florida HOSA Scholarship Foundation. Due to the FLDA being held in an online format this year, as of now there will be no further fundraisers but we will make sure to keep you updated on changes as they come.

Florida HOSA, the State Officers and I look forward to seeing you at the VFLDA and I do not mean that lightly. We hope you enjoy all that we have planned for you and as my time on this article comes to a close, I hope we talk again soon!

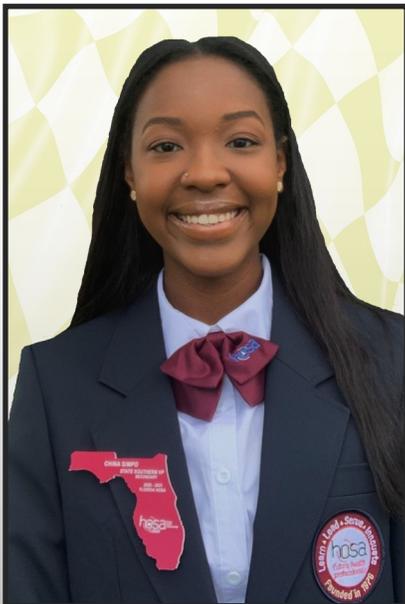


Joshua Hanlon
State Northern VP, PS/C

"If you want to go far, go together."
~ African Proverb



GLA & Call For State Officer Candidates



China Simpo
State Southern VP, Sec.

Hi there again, Florida HOSA members! Due to the COVID-19 pandemic, the 14th annual Washington Leadership Academy — now transitioned to the Global Leadership Academy (GLA), has been offered via multiple virtual meetings through the months of September, October, and November. GLA is featuring dynamic workshops and interactive activities with goals of growing all state leaders' leadership skills around the nation. As you all instill the utmost trust in this Team 20 State Officer Team, we are making it our goal to continue learning, enhancing, and executing positive leadership growth for Florida HOSA especially during these unprecedented times.

Check this out - as an active HOSA member in good standing you have the opportunity to apply and become a State Officer! The State Officer Candidate application will become available during the month of December over the Winter Break. You must submit the application to the State Office after January 1st - but WAIT, please remember to have it postmarked on or before January 30th. To become familiar with the State Officer election process, you can check out the State Officer Election guidelines which have more information. Once your application has been approved, you should begin studying for the State Officer Exam which will take place at SLC. After test results have been determined, those candidates that meet the scoring standard will advance to the Interview portion of the process where you will then be slated for a State Officer position and present a speech to the voting delegates. Candidates will also have the opportunity to meet with members during a meet & greet session!



On behalf of the State Officer Team, we wish everyone that will be running as a candidate good luck!

Scholarships

Just because the school year has started, doesn't mean the time to earn some free money has ended! That's right, HOSA: Future Health Professionals as well as Florida HOSA has compiled a number of opportunities for you to escape the infamous college debt.

Listed on Florida HOSA's webpage, you will find that by hovering over the Resources/Publication tab at the top of the page, you will be presented with the Florida HOSA Foundation Scholarship as well as the HOSA Scholarship through Tallo. Now, Tallo is just like Fastweb.com and Scholarships.com in that you can filter to find what scholarships you fit best for. The main difference is that through Tallo, you will find scholarships catered specifically to not only HOSA members but your state as well. Enough about how to find these scholarships; let me confer to you, the specifics.

If you are either a senior secondary (high-school senior) or a postsecondary student (someone who is in college), the Florida HOSA Foundation Scholarship is the one for you! On said application, you will find the requirements needed to be evaluated as well as the dates the supporting items will need to be turned in. More details can be found in the application.

Now that that's over with, HOSA members, I implore you to apply, apply, and apply some more! There's no such thing as too much money, and free money too?! By applying to these scholarships, you are cashing in your tenacity for some cash! I look forward to speaking with you all soon!



Keyshawn Davis
State Parliamentarian



HOSA Week!



HOSA Week is Right around the corner, it is a time for HOSA members to get out into the community and provide services, inform about opportunities in health care, show appreciation to health professionals and promote HOSA! While the first full week in November is usually designated as HOSA Week, chapters can select any week to be HOSA Week for their school. For activity ideas, follow this link to the National HOSA webpage at: <http://www.hosa.org/node/122>.



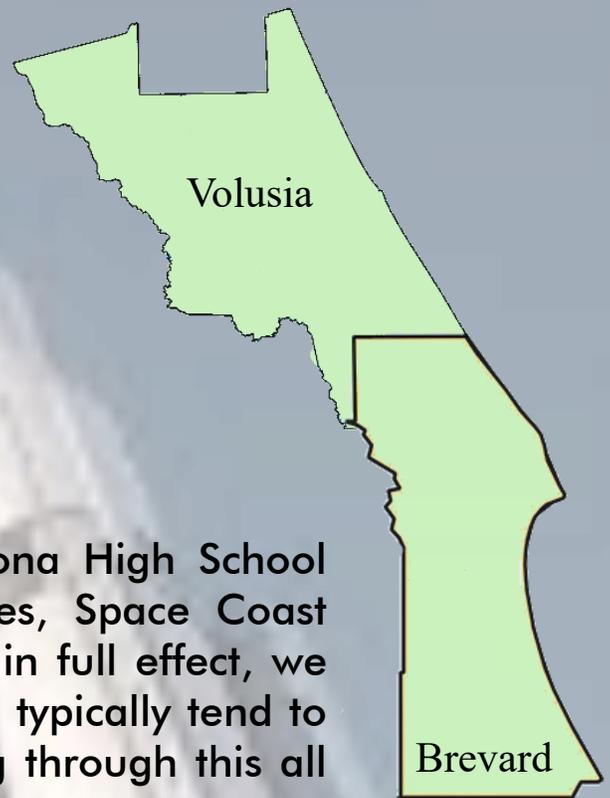
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Already love to shop on Amazon? How about using **AmazonSmile!** The same great Amazon you love but with .05% of the profits being automatically donated to Florida HOSA!

Click Here to Shop Now!



*Space Coast
(Region 12)
Update
by
Deltona High
School*



Hello Florida HOSA! We are Deltona High School Health Academy - Home of the Wolves, Space Coast Region. With the COVID- 19 pandemic in full effect, we have had to limit some of the events we typically tend to have, but we are strong and are getting through this all together!

With the start of the school year, we have already participated in our Annual Coastal Cleanup, partnering with SWAT (Students Working Against Tobacco). With social distancing and wearing masks, of course, we were able to help our community's beach and playground as well as cleaning up other areas of the community that have a direct impact on our environment. Our academy students took time out of their weekend to come together, and that is truly what is most meaningful to our academy. With selflessly coming together, we placed first in the cleanup! We found lots of Styrofoam, cigarette butts, empty water bottles and cans, plastic shopping bags, and straws that are all extremely detrimental to our animals in the ocean. It was rather stormy that day, so we found posts with various beach signs that had been washed to shore.

We are hoping to be able to soon host other events, such as our annual pancake breakfast and spaghetti dinners as well as our blood drives, but those have sadly been pushed back due to the pandemic. The Space Coast Region is currently safe, and we hope you all are too. Thank you and hope to see everyone soon!

THANK YOU

Florida HOSA

Guardian Chapters!

Our sincerest thanks go to the Florida HOSA Chapters listed below that have earned the unique distinction of becoming a "Guardian Chapter" – guarding Florida HOSA's commitment to our core values of Learning, Leadership, Service, and Innovation while striving to make sure that our organization continues into the future shining brighter than ever before! The "Guardian Chapter" designation is granted to local chapters who meet or exceed their membership numbers from the 2019 – 2020 academic year.

Baker County High School

Canterbury School

Carrollwood Day School

Coral Springs Charter School

Crescent City High School

DeSoto Co. School of Practical Nursing

DeSoto County High School

Falcon Cove Middle School

Hudson High School

Mater Academy Bay

Pine View School

R. Dan Nolan Middle School

Seabreeze High School

Wildwood Middle High School



Members of a designated Guardian Chapter have the exclusive privilege to purchase a striking, high polished copper-plated lapel pin for \$1.50 each (plus postage) through their advisor to commemorate their championing for Florida HOSA during these unprecedented times.

Visit our website at <https://www.flhosa.org/guardian-chapters/> for more information on how to become a Guardian Chapter!

HPW | HEALTH PROFESSIONS WEEK

November 14–19, 2020

Explore Careers
Confidently

@healthprofweek



HPW is FREE online event for high school and college undergraduate students, teachers, advisors and counselors.

Health Professions Week (HPW) is a nationwide collaboration between today's healthcare and education organizations designed to provide reliable, accessible resources to explore careers in the health professions. If you are considering a future in the health professions, the HPW Virtual Fair, the largest event of its kind, is your one-stop-shop to explore over 20 career options. Registrants receive access to a personalized website with curated, on-demand content introducing the participating health professions, as well as access to exclusive live events featuring opportunities for one-on-one career advice. All prospective health professionals are welcome to register for #HPW2020, including career changers, high school, college and graduate students, both domestic and international.

Participating students can enter to win one of thirty gift cards valued at \$100 each or one of eight scholarships valued at \$500. We also have 5 sets of Kaplan Subject Review Books to give away in November! It's really simple to become eligible to win – log into the virtual fair on Thursday, November 19th from 3-8pm Eastern. Ask questions, get answers, and **get rewarded!**

Teachers and educators will also be eligible to win one of ten gift cards valued at \$100 when you share HPW content with your classroom (either in-person or virtually!). All educators should register (as an individual) for HPW2020, too, in order to receive HPW content for your classroom before any of the "live" events. Most materials will remain available for educators to use into winter and spring 2021.

There's no charge to participate in the virtual fair, so don't delay and [register here](#) now!



Learn more about American Education Week [Here!](#)



Check out HOSA's new On-Demand Learning Page [Here!](#)

HOSA Service Project

2020 ~ 2022

BE  THE MATCH[®]



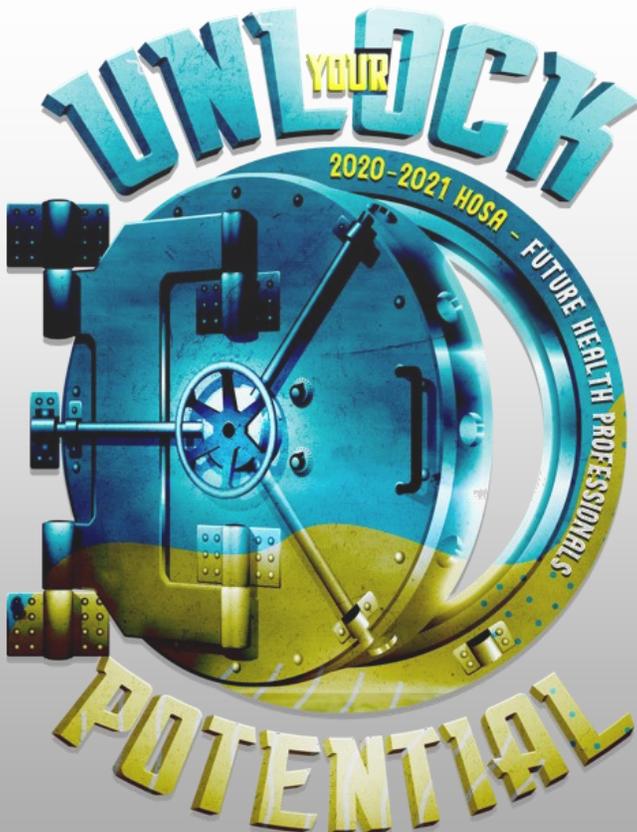
<https://www.bethematchhosa.org>

Start collecting your pennies
and loose change for
Penny Wars at the SLC!



"Mystery creates wonder and wonder is the basis of man's
desire to understand."

~ Neil Armstrong



The Massachusetts HOSA State Advisor, Dr. Jaime Vallejos, along with researchers at Worcester State University, are conducting a study looking at the impact of COVID-19 and social distancing on education and well-being.

Please consider participating in this vitally important brief survey. Click on the link below to access the survey.



Study Survey



Education, Adjustment, and Well-Being During Times of Social Distancing

COVID-19 has impacted us all differently, but how?
We need your feedback to return in the Fall more prepared than ever!

Click [here](#) to participate in survey.



Must be 18 plus years old to participate.

Congratulations!

To the following schools that have received
FREE HOSA Affiliation Dues
Sponsored by **C.A.P.S.**

Woodlands Middle School
Fort Meade Middle-Senior High School
Hudson High School
John I. Leonard High School
Lake Gibson High School
Mulberry High School
South Sumter High School
Winter Haven High School



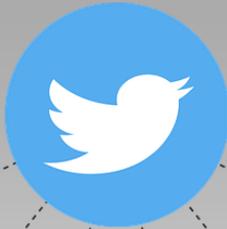
Want to join HOSA for FREE?

Are you a current Middle School or High School student that is interested in joining Florida HOSA for **FREE** this year? Visit the Florida HOSA website at www.flhosa.org to learn more about how **YOU** can earn **FREE** HOSA Affiliation dues for the 2020-2021 school year.

Or simply have your advisor visit <http://capsplanningsolutions.com> to request an appointment to set up your C.A.P.S. event and have your affiliation dues sponsored! So what are you waiting for?



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2020



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