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2021-2022 DUES:
National $10
State $20
Florida HOSA Chapters can earn the unique distinction of becoming a “Guardian Chapter” – guarding Florida HOSA’s commitment to our core values of Learning, Leadership, Service, and Innovation by valiantly striving to make sure that our organization continues into the future shining brighter than ever before! The “Guardian Chapter” designation will be granted in the 2021-2022 academic year as follows:

- **A Designated 2020 – 2021 Guardian Chapter** ([Click here for list](#)) must meet or exceed their chapter membership number from the 2020/21 academic year.
- **A chapter that affiliated in 2020 – 2021, but was not a designated Guardian Chapter** must meet or exceed their chapter membership number from the 2019/20 academic year.
- **An existing chapter that did not affiliate in 2020 – 2021** must meet or exceed their chapter membership number from the 2019/20 academic year.
- **A brand-new chapter in the 2021/22 academic year** must affiliate at least five (5) members, plus the Chapter Advisor, to be a designated Guardian Chapter.

Please contact the Florida HOSA State Office if you do not know your school’s previous membership total.

Florida HOSA will recognize these exceptional chapters by posting their school name to the Guardian Chapter page on our state website. In addition, during the General Sessions at SLC, they will be highlighted on the large screens and distinguished in the SLC Program.

Also, members of a designated Guardian Chapter can purchase a striking, high polished copper-plated lapel pin for $1.50 each (plus postage) through their advisor to commemorate their championing for Florida HOSA during these unprecedented times.
Welcome back, Florida HOSA!
This past year affected each family differently. I extend my heartfelt condolences and well wishes to every family suffering from loss and hardship. Florida HOSA’s members’ health and wellness has always been of vital importance. I am sure this coming year will portray our members’ strength and perseverance. The State Officer Team and I are always available to help as you undertake new endeavors.

I am currently a sophomore at University of Florida majoring in Behavioral and Cognitive Neuroscience on the pre-med track. Exposure to the healthcare field allowed me to realize the diversity and specializations available. I implore you to discover your interests and allow yourself to dream big!

As your State President, I hope to aid a smooth year of transition. I am excited to attend conferences while considering our members’ health. I cannot wait for our members to network and interact at conferences. Personally, I would love to hear about your aspirations, preparation for competition, and any stories you wish to share! We will strengthen our communication and encourage the bond that all Florida HOSA members share. I encourage you to revise your goals, reaffirm your drive and motivation as a member, and prepare for an incredible year! Florida HOSA, let’s get started!

“Before you are a leader, success is all about growing yourself.
When you become a leader, success is all about growing others.”
Jack Welch, Former Chairman & CEO of General Electric

Building back HOSA!
As a kid I was always fascinated by Legos. Honestly, can you think of any other toy that both unleashes creativity, and debilitates a grown human being when stepped on. But, in all seriousness, I loved Legos because of their endless possibilities. No matter what phase I was in, there was a Lego set for that. From Star Wars to Harry Potter, Legos have it all. And while I found great joy in the shiny, unopened box of Lego perfection freshly picked from a Target shelf, I found much greater satisfaction from the Rubbermaid bin full of miscellaneous pieces dubbed, by my family, “the Lego mess”. The Lego mess contained pieces from old sets, and deconstructed adventures. I would sit for hours sifting through the 74x20 bin of plastic and possibility looking for new things to create. When we look ahead at the upcoming school year and what we plan for HOSA, let it be the imaginative “Lego mess” and not prescribed creativity of the shiny box on the shelf. As President-Elect, it is my goal to bring Florida HOSA to newer more creative levels of adaptation. We want to help each and every one of you build your chapters up in both membership and enthusiasm. The only way to do that in today’s pandemic landscape is by thinking creatively and rolling with the punches. All of us at the State Office can’t wait to meet you! Until then, stay safe, wear your mask, and think outside of the box.
Be inspired!
Hello, Florida HOSA members! Welcome back to the new school year! As we initiate the transition to routine life, I am beyond excited to explore new opportunities and ambitions with Florida HOSA.

In the 2021-2022 academic year, I will be a senior at C. Leon King High School in Tampa, FL. My future plans include a career as a physician, contributing to my community as a healthcare worker. Specifically, my interests lie in providing global access to healthcare. HOSA has been a fundamental support in facilitating the achievement of my aspirations. It is a privilege and an honor to serve as your State Northern Vice-President, Secondary this year.

As we begin this year, my personal aim is to ensure that every Florida HOSA member is confident in their abilities and bound for their prospective goals. Through leadership development and collaborative activities, every member can make their dreams a reality. Each member’s drive, abilities, and enthusiasm are instrumental to this organization. I hope to encourage all of you to believe in your skills, and attain new limits—Florida HOSA will always be there, cheering you on.

I am truly inspired by the united community forged through our common interest. I look forward to a successful and memorable year with all you!

Anyà Patidar
State Northern Vice-President, Secondary

“If your actions inspire others to dream more, learn more, do more and become more, YOU are a leader.”
John Quincy Adams,
United States President 1825-1829

Make new HOSA memories!
Welcome back, my fellow HOSA members! I hope you all are as enthusiastically excited as your State Officer Team to captivate more wonderful HOSA memories, further your knowledge, and of course... make 2021-2022 an awesome academic and HOSA year.

I am so incredibly honored to have been re-elected as a State Officer! Thank you, Florida HOSA, for allowing me to serve as your Northern Vice-President, Postsecondary/Collegiate. My name is China Simpo and I am currently a sophomore at the University of South Florida (Go Bulls!) majoring in Biomedical Sciences on a Pre-Dental track. This year will mark my fifth year in this incredibly dynamic organization, and I can’t even begin to express how grateful I am for all the rewarding experiences I’ve gained over time thus far.

This next year, I strive to be alongside this amazing organization as we push forward past the challenges we’ve faced and aim towards sharing our successes together! With HOSA collectively making up a strong family of the country’s someday finest doctors, nurses, scientists, and more—I believe as a unified bunch, we are hopeful for a great 2021-2022 HOSA year! Until then...stay safe and see you soon!

China Simpo
State Northern Vice-President, Postsecondary
Florida HOSA, your pathway to success!

Hi FL HOSA! I’m so excited to be starting another school year as a HOSA member, this time as a State Officer! Being in HOSA for over 6 years now, I’ve had the opportunity to serve as my local chapter’s President, both in middle and high school, and this last year as a Regional President. With a new year comes a new adventure, so I’m glad to be here for even more future health professionals as we return to normalcy.

I’d first like to welcome any new HOSA members! I know that HOSA will help you reach new levels of leadership and service, as it has for me. For any returning members, I realize last year wasn’t ideal. Most of our in-person events and conferences were cancelled and held virtually. Though it was a challenge at first, I’m very proud to have seen many of you stay active through virtual platforms to carry out the events we are so passionate about.

It’s the self-motivation you have shown through this time, that inspired me to become a State Officer. I’m very grateful to have been elected! Myself, along with the incredible officer team, are ready to serve you and show you how to get the most out of HOSA! I hope to encourage our regions and local chapters to follow the Florida HOSA example of creating healthcare-based activities to fundraise for competition. I look forward to seeing you at conferences real soon, whether they be virtual or in-person!

“In the middle of winter, I at last discovered that there was in me an invincible summer.”

Albert Camus, Algerian-French novelist, essayist, playwright
(from “Return to Tipasa”)

Journey with Florida HOSA!

Wow. I think it is safe to say that we have been through quite a journey in these past months (which may have been hundreds or thousands of months, there was no ‘time’ back then). Therefore, as one of your State Officers, I am beyond thrilled to say that we are back! I cannot wait to serve all of you in this ‘Year of Return’, and create the best Florida HOSA experience imaginable. I am deeply passionate about science, especially marine biology, astronomy/aerospace, and medicine. I absolutely love math and writing, as well as public speaking, and music. I place strong value on service, using my academic and leadership strengths to leave everlasting changes in my state and HOSA communities. This year, I will advocate for HOSA membership at the local level, visiting schools and presenting students and administrations with the variety of opportunities we offer, whether that be competition, service, or enrichment in the sciences. I hope to expand the reach of HOSA at the local, regional, and state levels through community engagement and experiential learning opportunities, taking advantage of our increasingly virtual world to host more statewide events. My goal is to help establish “One HOSA”, growing our spheres of influence and using this difficult time to improve upon our organization. Remembering John F. Kennedy’s strong words, I cannot wait to aid in achieving these goals: “Leadership and learning are indispensable to each other.”
Welcome Back!

Kick off the HOSA Year right and tune into the Official Florida HOSA YouTube Channel (https://www.youtube.com/channel/UCmmAj1Njhs8gBjVE7JRY7w) for a Live-Stream with your Florida HOSA State Officers!

HOSA information, guidance, and activities will be presented, along with a Special Program and Fundraising Opportunity from College Action Planning Solutions (please see flyer).

We hope to “see” you there!
<table>
<thead>
<tr>
<th>Category</th>
<th>1st</th>
<th>School</th>
<th>Participants</th>
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<tr>
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<td>Terrace Community Middle School</td>
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<td>Bradford; Vaka; Arikatla</td>
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<td>4th</td>
<td>R. Dan Nolan Middle School</td>
<td>Wilson; Soto-Cruz</td>
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<td>Martha B King Middle School</td>
<td>Adams; Naylor; Rosa</td>
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<td>Maeve Thompson</td>
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<td>Foundations of Medical Terminology</td>
<td>4th</td>
<td>Samarth Kasibhatla</td>
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<td>5th</td>
<td>Arjun Nair</td>
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<td>Hossenlopp; Bogucki</td>
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<td>1st</td>
<td>Tanvi Balan</td>
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<td>Kyle Villalobos</td>
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<td>Maria Modesto-Moreno</td>
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<td>Rishi Kamdar</td>
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<td>5th</td>
<td>Mehak Bhargav</td>
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<td>1st</td>
<td>Victoria Santaella</td>
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<td>5th</td>
<td>Joyce Chen</td>
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<td>Math for Health Careers</td>
<td>1st</td>
<td>Emily Wang</td>
<td></td>
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<tr>
<td>Math for Health Careers</td>
<td>5th</td>
<td>Shrey Gupta</td>
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<td>Nutrition</td>
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<td>Anish Nelluri</td>
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<td>Delia Strickland</td>
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<td>2nd</td>
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<td>Terrace Community Middle School</td>
<td>Patel; Raghunath; Gulati; Vats; Talati; Ahmed</td>
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### SECONDARY WINNERS LIST

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<td>American Heritage School</td>
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<td>CERT Skills</td>
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<td>American Heritage School Boca Delray</td>
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<td>Clinical Specialty</td>
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<td>Brooklyn Burke</td>
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<td>Mahika Balaraju</td>
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<td>Home Health Aide</td>
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<td>Rishika Cherukuru</td>
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<td>Yvonne Tsao</td>
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<td>Interviewing Skills</td>
<td>5th</td>
<td>Lucildia Vasquez</td>
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<td>Job Seeking Skills</td>
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<td>Katherine Mesa</td>
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<td>Life Support Skills</td>
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<td>Ryan Fisher</td>
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<td>Medical Assisting</td>
<td>10th</td>
<td>Thanvi Narapareddygari</td>
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<td>Medical Innovation</td>
<td>2nd</td>
<td>Middleton High School</td>
<td>Patel; Nair; Prasad; Gupta</td>
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<td>5th</td>
<td>MAST @ Homestead</td>
<td>Toledo; Javiel</td>
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<td>Medical Innovation</td>
<td>6th</td>
<td>Land O’ Lakes HS</td>
<td>Chen; Gorfain; Agarwal; Malladi</td>
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<td>Public Health</td>
<td>2nd</td>
<td>NSU University School</td>
<td>Lawrence; Perel; Goldberg; Shuster; Kessler</td>
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<td>Nova Southeastern University - Nasri; Rodriguez</td>
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<td>Angellina Hale</td>
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<td>Health Career Display</td>
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<td>Orange Technical College-Westside Campus - Wright; Knight</td>
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<td>Donna Hill</td>
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<td>Nova Southeastern University - Rajesh; Patel; Zacharia; Shah</td>
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<td>Veterinary Science</td>
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<td>Jonah Hunt</td>
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RECOGNITION AWARDS

Barbara James Service Award

Gold
Aguila, Grace
Barreto, Maria
Boger, Lindsey
Cardoso, Miranda
Castaneda, Aneth
Crumpton, Morgan
Epstein, Jordyn
Felix, Jade
Garin, Abraham
Goldberg, Alana
Gonzalez, Yamira
Hallett, Jessica
Hoffman, Lara
Lawrence, Zachary
Lazara, Katelyn
Mclemore, Brianna
Moon, Ashley
Perel, Sophia
Popple, Brandon
Raisman, Naomi
Rodriguez, Olivia
Treloar, Jacob
Winchester, Tyler

Silver
Berkowitz, Kelly
Hotop, Alexandria
Redlich, Avery
Rocha, Scarlett
Tillotson, Alyssa

Bronze
Atiuzzaman, Nabiha
Bangalore, Neha
Bansal, Bhavya
Camejo, Alexa
Figueria, Brenand
Franco, Gabriela
Guambana, Marcela
Hall, Brooke
Hendley, Chesalon
Inestroza, Enzo
Katumalla, Naomi
Krisha, Dhruv
Perez, Isabella
Polanco, Anna-Karina
Prassanna, Maathangi
Rodriguez, Gabriela
Romero, Danay
Romero, Denise
Rosenbaum, Liana
Shen, Annabelle
Vempati, Gayathri

HOSA SERVICE PROJECT

Merit Level
Cypress Bay High School*
Palm Beach Gardens H.S.*

Recognition Level
Celebration High School
Flanagan High School
Nova Southeastern University

Extraordinary!

HOSA HAPPENINGS

Cypress Bay High School
Deltona High School
Flanagan High School
Indian River State College
Middleton High School
NSU University School
Seminole High School
Steinbrenner High School
We couldn't have done it without YOU!

We sincerely appreciate all that you tirelessly do throughout the year to make HOSA successful!
C.A.P.S. IS BACK!

Inspire Your Students To Reach For The Stars!

EDUCATIONAL WORKSHOPS THAT OFFER REAL VALUE

HELPING EDUCATE PARENTS ON:
- Endowments, Loans, Grants & Scholarships
- Plans to Save for College
- Solutions to Help Minimize Cost of College

Schedule Your College Planning Education Night Today!

We are proud to have supported educational efforts for clubs throughout the state.

10,000+ Families Inspired
$20k+ Donations Provided

Please Contact Us To Schedule Your Event
Contact: Jeff Schectman
Email: jschechtman@mycoastalwealth.com
www.calendly.com/CAPSEvents

*available to MS / SS members only
FLDA November 19th-21st

Location: Camp Kulaqua, High Springs, FL
For more Camp K info visit:
www.campkulaqua.com

Registration Fee: $125 per person
ON-LINE REGISTRATION DEADLINE IS OCTOBER 12, 2021
with payment and forms postmarked to the State Office on or before October 15th!
Information will be posted on our website and mailed in September!

What happens at FLDA?
- Get to know your new State Officer Team
- Meet middle school, high school and postsecondary members from all across Florida and make lasting friendships
- Polish your public speaking skills, and master other skills and activities to implement in your local chapters and regions
- Engaging advisor workshops and activities
- Bring money for fun activities to raise funds for the Florida HOSA Foundation Scholarship
- Enjoy the beautiful fall foliage and scenery of North Florida
- Take peaceful hikes or jog with friends along the shady trails

Facility Details
- Play volleyball, basketball, or putt-putt golf
- Catch up with friends on one of the swings
- Jump on the hayride and enjoy the camp fire

PLEASE READ!
- If staying overnight, Chapter Advisors must make their own overnight reservations with Camp Kulaqua or a nearby hotel which is a separate process and charge from the conference registration fee. Florida HOSA will not be assigning, nor taking care of overnight accommodations. Camp Kulaqua is not a hotel so overnight accommodations with Camp Kulaqua must be paid after the date of Monday, October 25th whether the school attends or not.

- If staying off-site, schools must provide their own transportation to and from Camp Kulaqua each day.

- Registration limits and substitutions are restricted to each individual school and cannot be transferred.
HOSA Week is a time for HOSA members to get out into the community and provide services, inform about opportunities in health care, show appreciation to health professionals and promote HOSA! While the first full week in November is usually designated as HOSA Week, chapters can select any week to be HOSA Week for their school. For activity ideas, follow this link to the National HOSA webpage: http://www.hosa.org/node/122.

2020 - 2022 HOSA Service Project:
BE THE MATCH®

Start collecting your pennies and loose change for Penny Wars at the SLC!
Learn about this years missions, resources, themes, key dates and more in the Year Two Syllabus at: https://bethematchhosa.org

Watch the BTM tutorial on how to set up your chapter’s fundraising page at: https://youtu.be/D6ZtXXK0_rg

AUGUST IS NATIONAL WELLNESS MONTH
MAKE YOUR WELL-BEING A PRIORITY ALL YEAR LONG!
TRY INCORPORATING THE FOLLOWING SELF-CARE ACTIONS THAT CAN IMPROVE WELL-BEING:

- Drink plenty of water.
- Engage in deep breathing or meditation.
- Increase your fruit and veggie intake.
- Stretch or do a yoga class.
- Exercise.
- Disconnect from Tech.
- Treat yourself.
- Focus on the positive.

Sometimes the simplest actions can have a significant effect on how we feel.

Read the full article here to learn more!
Back-to-School Shopping?

How about using AmazonSmile!

0.5% of each purchase goes to Florida HOSA.

Use Amazon Smile Direct Link: https://smile.amazon.com/chr/52-1227790

OR

CLICK HERE TO SHOP NOW!

Want to learn more about Florida HOSA?

Just scan this QR code!
2021 - 2022
Calendar of Events
(times and dates are subject to change, Rev. 6/7/21)

July 19 - 21, 2021  Annual Florida Association for Career and Technical Education (FACTE)/HOEAF Conference
Renaissance Orlando at SeaWorld

August 2, 2021  Florida HOSA Newsletter Articles due by 12 noon

August 13 - 15, 2021  State Officer FLDA Planning Meeting
Florida HOSA State Office - Alachua, Florida

August 2021  Florida HOSA Newsletter Publication

September 11, 2021  Welcome Back Virtual Rally - Live-Stream on Official Florida HOSA YouTube page
Link: https://www.youtube.com/channel/UCmmAj1Njhs8gBjVE7JrYH7w

September 25 - 28, 2021  Washington Leadership Academy for
State Officers and Local Chapter Leaders
Hilton Alexandria Mark Center - Alexandria, VA

September/October 2021  Fall Regional Conferences - Please see Regional Conferences Table under the “Conferences” tab on the Florida HOSA website (www.flhosa.org)
Fall Conferences should be scheduled so the Regional Officers may participate in the Fall Leadership Development Academy (FLDA).

October 2, 2021  SLC 2022 Planning Committee Meeting
Marriott Orlando World Center - Orlando, Florida

October 4, 2021  Florida HOSA Newsletter Articles due by 12 noon
Suncoast Region (4), Gold Coast Region (7), Treasure Coast Region (9), and Heartland Region (10)

October 12, 2021  On-line Registration Deadline for the Fall Leadership Development Academy (FLDA)
On-line Registration must be completed by this date.

October 15, 2021  Postmark Deadline for FLDA payment, Registration Summary, and forms (or received by if hand-delivering)

October 15, 2021  Affiliation Deadline for HOSA 100 Club Recognition
(Also deadline for 1st wave of FL HOSA Membership Pins to be mailed the week of Oct. 18th)

October 15 - 17, 2021  State Officer FLDA Planning Meeting
Florida HOSA State Office - Alachua, Florida

October 2021  Florida HOSA Newsletter Publication

November 7 - 13, 2021  HOSA Week

November 19 - 21, 2021  Fall Leadership Development Academy (FLDA)
Please see FLDA Page under the “Conferences” tab on the Florida HOSA website (www.flhosa.org) for more information

November 20, 2021  Florida HOSA, Inc. Board Meeting

November 21, 2021  Florida HOSA Foundation, Inc. Meeting

January 1, 2022  Deadline to affiliate with State and Global/National HOSA, if not competing
(By On-line Registration Deadline for Regional Conference, if competing)
January/February 2022  Winter/Spring Regional Competitive Events Conferences should be scheduled to allow registration for the State Leadership Conference (SLC) by deadline (March 1, 2022).

Please see Regional Conferences Table under the “Conferences” tab on the Florida HOSA website (www.flhosa.org)

January 8, 2022  SLC 2022 Competitive Events Committee Meeting
Marriott Orlando World Center - Orlando, Florida

January 8 & 9, 2022  SLC 2022 State Officer Planning Meeting
Marriott Orlando World Center - Orlando, Florida
(2nd wave of FL HOSA Membership Pins mailed for Jan. 1st affiliations)

January 14, 2022  Florida HOSA Newsletter Articles due by 12 noon
Emerald Coast (1), Gulf Coast Region (5), Broward Region (8), and First Coast Region (11)

February 5, 2022  Postmark Deadline to submit State Officer Candidate Application
All applications must be postmarked by this date

February 2022  Florida HOSA Newsletter Publication

March 1, 2022  On-line Registration Deadline for the State Leadership Conference (SLC 2022)
On-line Registration must be completed by this date.

March 4, 2022  Postmark Deadline for SLC payment and forms (Or, if sending forms by e-mail or hand-delivering – received by date. E-mail forms to MMemolo@flhosa.org)

March 4 & 5, 2022  SLC 2022 State Officer Planning Meeting
Florida HOSA State Office - Alachua, Florida

April 9 - 12, 2022  State Leadership Conference (SLC 2022)
(Saturday - Tuesday)
Marriott Orlando World Center - Orlando, Florida
Please see SLC Page under the “Conferences” tab on the Florida HOSA website (www.flhosa.org) for more information

April 18, 2022  Florida HOSA Newsletter Articles due by 12 noon
Springs Region (2-3), Sunset Region (6), and Space Coast Region (12)

May 2022  Florida HOSA Newsletter Publication

May 9, 2022  Registration Deadline for the International Leadership Conference (ILC)
The school’s Registration Report, as well as all fees and forms, must be received in the Florida HOSA State Office on or before this date (not postmarked) in order to reconcile information and send to Global/National HOSA Office.

May 20 - 22, 2022  New State Officers’ Conference (NOC)
Florida HOSA State Office - Alachua, Florida

June 22 - 26, 2022  International Leadership Conference (ILC 2022)
Gaylord Hotel and Convention Center - Nashville, Tennessee