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# NEWSLETTER

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**beyond**  
**ALL LIMITS** 2022  
2023  
HOSA-Future Health Professionals

# SLC 2023

MARRIOTT ORLANDO  
WORLD CENTER  
APRIL 13-16



## WHERE WILL YOU BE APRIL 13TH - 16TH?



**Jackson Beecher**  
State President

Dry clean those suits and dust off those guidelines because it is time for SLC! Our year has built up to this point. All the time spent in the classroom, at competitions, and in your community culminates in one epic conference at the largest Marriott hotel in the world! Our members have so much to look forward to at SLC! Your State Officer team has been hard at work securing keynote speakers, inviting workshop facilitators, planning exciting general sessions, investing in some pretty quacky fundraisers (hint hint, wink wink), and laying the groundwork for an unforgettable experience at the best venue Orlando has to offer. At the SLC

you will spend your time not only competing, but celebrating, spending time with your state team and with your friends, making lasting memories, making new friends, and eating plenty of tasty food. At SLC, members also have the responsibility of choosing who will lead Florida HOSA in the coming year on the new State Officer team!

Florida HOSA is fortunate to have secured one of Orlando's premier hotels graced by travelers from around the world. The Marriott Orlando World Center features several pools, two water parks, minigolf, a fitness center, an arcade, a spa, multiple excellent restaurants, and beautiful, newly renovated rooms. I cannot wait to see you at the 45th annual Florida HOSA State Leadership Conference. Until then, study hard and get your ducks in a row (catching on yet?)! Be there or be square!

**ON-LINE  
REGISTRATION  
& TALLO  
SUBMISSION \*  
DEADLINE:  
MARCH 3RD**

There are no great limits  
to growth because there are  
no limits of human intelligence,  
imagination, and wonder.  
~ Ronald Reagan

**\*COMPETITORS MUST  
ALSO BRING HARD COPIES  
OF MATERIALS TO SLC**





## LOOKING BACK ON ANOTHER SUCCESSFUL FLDA

There's so much to say about this year's FLDA! Let us take a walk down Memory Lane together, shall we?

Day 1 started off incredibly strong with our Opening General Session in which Dan Geer gave an inspiring keynote, door prizes were given out, and so much more. FLDA attendees also had the opportunity to pie their State Officers in the face. Many whipped-cream filled memories were made in those moments, along with proceeds that go directly to the Florida HOSA Foundation Scholarship and, for this, we extend a large thank you to all who participated. Attendees also experienced their first round of workshops on Friday, learning how to hone in on various leadership skills, ranging from efficient communication to proper time management.

Saturday was a day full of workshops and even more fun-filled activities, including Florida HOSA's first ever Pet Pumpkin Palooza! Members who partook in this Foundation Scholarship Fundraiser were able to interact with State Officers and each other while they gave their styrofoam pumpkin a life of its own, even receiving an adoption certificate for their pet at the end of the process! The Tri-Wizard Field Day also took place on the second day of FLDA, and members were able to show off their House pride and cheer their teammates to victory in games like Broomstick Quidditch! The night ended with a hayride and campfire where members got to delight in a batch of delectable s'mores. On Sunday, the SLC Award and other certificates were presented to the recipients, and members presented their House videos and banners.

From beginning to end, this year's Fall Leadership Development Academy was a resounding success, and none of it would have been possible without our advisors. We sincerely thank and appreciate you for dedicating your time to attend this conference with your students.

Well, that concludes our 2022 FLDA recap! I look forward to seeing you all at SLC, and wish you the best of luck!



**Abie Otote**  
State President-Elect





**Chetana Movva**  
Nothern Vice-President,  
Secondary

## A PENNY HERE, OR A DOLLAR THERE, LET'S FILL THOSE PENNY WAR JUGS!



Finding a penny on the road might be good luck... but do you know what's even luckier? Finding hundreds of pennies in your region's **Be The Match** contribution at this year's SLC! That's right, get your pennies ready for this year's annual Penny Wars! An exciting tradition, and arguably the most exciting competitive event of the year, Penny Wars is an activity that donates 100% of the proceeds to HOSA's premier service project: **Be The Match!**

Thousands of people are diagnosed every year with life-threatening blood cancers and diseases like leukemia and sickle cell. As the global leader in blood stem cell transplantation, **Be The Match** connects the world's most diverse registry of donors with patients who are their genetic match. From tissue-typing a donor's swab kit to providing financial assistance grants, every dollar makes a difference for patients and their families!

This year's Penny Wars is simple: Each region will be able to collect pennies in their five-gallon water jug. Points for each region are determined by how many pennies are present in their region's container. Easy enough right? But... There's a catch...

If change, such as dollars, nickels, dimes, and quarters, are found in a region's jug, the according number of points will be deducted from that region's total point value! For example, putting 100 pennies in your region's jar will result in an increase in 100 points, but a sneaky dollar bill slipped in your region's container will result in a deduction of 100 points, as well.

Last year's winner was the Treasure Coast Region, raising \$1,320.77 for **Be The Match!** Think you can beat them this year? Pack your bags with as much change (of all kinds) for this year's State Leadership Conference! Remember that although it is a competition between regions, all contributions from Penny Wars go towards **Be The Match**, a phenomenal cause and a win for all.

The winner of Penny Wars will be determined at SLC based on which region has accumulated the most points after all deductions have been calculated. The region with the most points will be announced at the Secondary/Post-secondary Awards Session at the State Leadership Conference. Wishing the best of luck to all regions for this year's Penny Wars. We will see you all very soon!





## DON'T MISS OUT ON FREE MONEY FOR COLLEGE!

Happy New Year, Florida HOSA! As you are applying for scholarships for college, don't forget HOSA has several opportunities available for graduating seniors and post-secondary members! Both the Florida HOSA Foundation and HOSA Scholarships are now available through Tallo; to find out the application process and other details, visit <https://www.flhosa.org/> and look under the Resources/Publications tab, then click "Scholarships." Keep in mind that the Florida HOSA Foundation Scholarship is due by February 28th, 2023, and the HOSA Scholarship is due April 15th, 2023. The winners of the Florida HOSA Foundation Scholarship will be announced at SLC, and the winners of the HOSA Scholarship will be announced at ILC in Dallas this June. Conveniently, both of these scholarships are submitted through Tallo – just one more reason to take advantage of this opportunity!

As the saying goes, "you reap what you sow." The Florida HOSA Foundation Scholarship wouldn't be possible without your support, as the profits made from the Pet Pumpkin Palooza, Pie in the Face, and the Lollipop Tree at FLDA all go back to this scholarship! So, thank you, Florida HOSA, for making this opportunity possible! But the fun doesn't stop there! We have even more events planned at the State Leadership Conference this April, where you can challenge your State Officers in games such as cornhole, Finish the Lyrics, Junk in the Trunk, and hula hoops. Winners get bragging rights and a signed certificate from the losing State Officer! We will also have our classic Lollipop Tree in Conference Headquarters. For those who attended last year's SLC, you may remember the infamous Dr. Bubbles, the HOSA rubber ducky. This year he is back and better than ever! Not only will you be able to buy an exclusive Dr. Bubbles rubber ducky, but limited-edition rubber duckys will also be available at this year's SLC only, so make sure to act fast before they sell out, and don't forget to bring cash money!

See you soon, everyone!



**Courtney Bauer**  
Southern Vice-President,  
Secondary



**Elliot Santaella Aguilar**  
Northern Vice-President,  
Postsecondary

## TIME TO PREP FOR SLC SUCCESS!

Now that the regional conferences have been completed, do you know what time it is? It's time for SLC!!! The 2022-2023 Florida HOSA State Leadership Conference is right around the corner, so it's time to start preparing! The earlier you prepare, the better! Why? Because even though you might have placed 1st, 2nd, or 3rd at your regional conference, it doesn't mean you won't have stiff competition at the SLC. Like you, many other Florida HOSA members have spent hours studying, practicing, and perfecting their skills for their competitive event. That said, as long as you've checked (and double-checked) your guidelines and keep preparing, I can guarantee you will have a great time! Whether you place or not, remember the reason why you do this. All the hard work and dedication you put into preparing for your competitive event has given you new knowledge and skills that will help you in your journey toward becoming a healthcare professional. Another great opportunity at SLC is networking! From meeting other HOSA members from across the state, to the amazing healthcare professionals and partners featured at our Expo, I'm sure you will find someone who shares the same interests as you... you just have to network! Team 22 cannot wait to see you all bring your A-game (and, of course, have fun) at the Marriott Orlando World Center this April!





## SLC DRESS CODE DO'S & DON'TS



**Adya Gulati**  
State Parliamentarian

Florida HOSA, it is almost time to bring out your suitcases and get ready for the State Leadership Conference! But, before you begin packing, you must remember to dress as per the Florida HOSA Dress Code Policy. The official, detailed guidelines can be found under the "Resources/Publications" tab on the Florida HOSA website, but here is a rundown regarding SLC attire.

The Florida HOSA Dress Code Policy has four areas of emphasis. During the General Session, you are required to wear either the HOSA official uniform OR a black or navy blue suit (no emblem) with a white dress shirt/blouse, black or navy blue slacks/knee-length skirt to match the jacket, close-toed black or navy shoes, and a black or navy belt. During competitive events, members must adhere to the policy that is specified in the individual competitive event guidelines for the event in which they are competing. If the guidelines identify business attire as appropriate, competitors have the option to wear the official HOSA uniform, a black or navy blue suit, sport coat, tailored dress or blouse, black or navy blue slacks/skirt, or anything else permitted in the General Session dress code. If the guidelines identify clinical uniform/attire appropriate to the occupational area for skill events, members are allowed to wear scrubs, khaki pants with a polo top, and/or clinical/tennis shoes. During other functions, such as workshops, the HOSA Expo, and social activities, appropriate business attire is also required. While attending such events, members are not allowed to wear denim clothing, short pants, tank/tube tops, crop tops, t-shirts, sweatpants, sheer clothing, or clothing with offensive print.

If you are uncertain about HOSA-acceptable attire, ask your Local/Regional Advisor, but when in doubt, do not wear it. If students are not in the designated attire as per the Dress Code Policy, they may not be permitted to compete, turned away from entering General Sessions, or withheld from walking on stage to receive their award until the conclusion of the Awards session.

We are looking forward to seeing you all dress for success at the State Leadership Conference this year!

Mastery is a product  
of consistently going  
beyond our limits.  
~ Stewart Emery





# CONGRATULATIONS!

## To Our Dual-Winners of the SLC 2023 Pin & T-shirt Design Contest

*Ena Ibrahimovic*  
from  
*Palm Harbor  
University H.S.*

&

*Alana Lodin*  
from  
*American Heritage  
School*



The winning artists will each be presented with two t-shirts and ten HOSA pins during the Recognition Session at the State Leadership Conference in Orlando, FL. Thank you for your outstanding work!!

A huge thank you to all the artists that submitted their creative designs and our members for voting!!



*Start collecting your pennies and loose change for Penny Wars at the SLC!*

# BE THE MATCH<sup>®</sup>



**THE MORE, THE MIGHTIER:** The Be The Match mission only succeeds through the strength of our community. Thank you for adding your collective power to this fight!

In September, Be The Match<sup>®</sup> was honored to host five of the nation's top high school HOSA chapters at the Be The Match Coordinating Center in Minneapolis, including Florida's Cypress Bay HS HOSA chapter!!



Check out the current  
**BTM Leaderboard** at

[BeTheMatchHOSA.org/leaderboard](https://BeTheMatchHOSA.org/leaderboard) to see who's at the head of the class!!



# FLDA ♥



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