

OFFICIAL FLORIDA HOSA DRESS POLICY

The Florida HOSA Board of Directors approved the following dress policy November 2017 at their meeting in High Springs, Florida.

The Florida HOSA dress policy has different areas of emphasis: General session attire, orientation sessions, competitive event dress and official function dress (workshops, social activities, event orientations and casual dress).

GENERAL SESSION DRESS (REQUIRED)

HOSA official uniform

- Tailored navy blazer with emblem affixed over the heart
- Matching navy slacks or navy knee length skirt
- White closed neck, tailored dress shirt suitable for tie or HOSA scarf (see illustration)
- Accents: Female - maroon HOSA scarf (optional); Male - maroon or navy long tie
- Closed-toe navy blue or black shoes (hose optional for women)
- Belt (navy blue or black)
- Head covers that are required for religious purposes or to honor cultural traditions are allowed

OR

- Black or Navy-blue suit (no emblem)
- White closed-neck, tailored dress shirt suitable for tie
- White blouse (**collared button up blouse [buttoned appropriately] or circular neckline blouse [collar bone height] - see illustration. Blouse/shirt must not extend below hem of jacket.**)
- Black or Navy skirt or slacks to match jacket
Skirt - must be knee length, appropriate size (not tight), Kick pleat or opening max 4" - 5" (from bottom of skirt)
Slacks - appropriate to suit (skinny jeans or skinny pants, leggings, jeggings, spandex pants or like are NOT allowed)
- Closed toe blue or black shoes
- Belt - blue or black
- Head covers that are required for religious purposes or to honor cultural traditions are allowed



Official HOSA Uniform



Blue or Black Suit



Skirt or Slacks



Blue or Black suit with tie

COMPETITIVE EVENTS DRESS

Delegates must adhere to the policy **as specified in the individual competitive event guidelines** for the orientation and event in which they are competing.

IF the competitive event guidelines identify **business attire** is appropriate, competitors can either wear the official HOSA uniform, blue or black suit or any of the following dress is acceptable (color is not specified for clothing or shoes for competition)

Females – Business suit, tailored dress or blazer and skirt or slacks with tailored blouse

Males – Business suit or sport coat, vest, or sweater and slacks with dress shirt and tie (optional)

- Business Suit
- Sports jacket
- Slacks
- Jackets
- shirts
- Skirts - **Described on page 1** (color not specified for competition)
- Blouses - **Described on page 1** (color not specified for competition)
- Tailored Dresses - (see illustration for example) color not specified
- Shoes (closed-toe, open-toe, heeled sandals are permitted)
- Slacks - **Described on page 1**



White tailored
Blouse or shirt



Skirts
Knee-length



white circular
neckline blouse



white closed neck shirt
suitable for a tie



Tailored Dresses



Sports Jacket



Business attire



IF the competitive event guidelines identify **clinical uniform or attire appropriate to the occupational area for skill events**, the following dress is acceptable (scrubs can be of any color/design, with or without a HOSA emblem)

- Scrubs
- Clinical shoes or tennis shoes
- Khaki Pants with Polo Top
- Shorts and flip-flops are **NOT** acceptable HOSA clinical attire

Competitive Events Dress Tips:

No policy can possibly cover all contingencies so HOSA members must use a certain amount of judgement in their choice of clothing to wear for HOSA competition. HOSA members who experience uncertainty about acceptable HOSA attire should ask his/her HOSA local or state advisor. **(When in doubt, don't wear it)**

Tips for Business Attire and Unacceptable clothing

- **No** denim clothing or canvas shoes will be acceptable. Denim pants in colors other than blue are **not permitted**. Blue jean skirts and dresses are **NOT acceptable**.
- Dress pants are acceptable but "shorts", "capri pants" and other short pants are **NOT acceptable**.
- Casual tank or tube tops, t-shirts, sweat pants/shirts, or tennis shoes are **never acceptable**.
- Clothing that works well for the beach, yard work, dance clubs, exercise sessions, and sports contests is **NOT appropriate**.
- Clothing that reveals excessive cleavage, your back, your chest, your stomach or your undergarments/underwear is **NOT appropriate** for HOSA delegates.
- Clothing should be pressed and never wrinkled. Torn, dirty, or frayed clothing is **unacceptable**. Any clothing that has words, terms, or pictures that may be offensive is **unacceptable**.
- Open-toed shoes and heeled sandals are permitted. Flip-flops are **NOT**.
Flip Flops are described as shoes that are flat backless, made of rubber or leather, plain or embellished with beads, etc. consisting of a flat sole held loosely on the foot by a Y-shaped strap, like a thin thong, that passes between the first (big) and the second toes and around either side of the foot.

Process for Awarding Competitive Event Dress Bonus Points:

For all competitive events, five (5) points will be added once per competitor and/or team to the tally sheet for appropriate dress. In team events, all team members must be properly dressed to receive the bonus points. Exceptions are as noted in the event.

At the SLC, dress bonus points are awarded unless a dress violation is agreed upon by the Event Manager and a member of the HOSA CE staff. The Event Manager must notify the Event Lieutenant or Category Chair. When dress points are not awarded, this must be indicated on the HOSA Event Section summary form, and signed by a member of the CE Program staff.

Judges are NOT responsible for the awarding of dress bonus points; this is handled by competitive event personnel.

Official Function Dress (Workshops, HOSA Expo and Social Activities):

Appropriate business attire is required for official functions including the HOSA Expo and workshops in conjunction with the SLC. Social activities dress code will include everything EXCEPT: athletic clothing, swimwear, sheer or mesh clothing, tank tops, muscle shirts, crop tops and clothing with obscene or suggestive printing. Shirt straps must be two inches wide and the length of shorts and skirts must be at minimum to the fingertips.

Students must adhere to the Dress Code Policy. If students are not in appropriate attire for their competitive event they may not be allowed to compete. Also, students may be turned away from entering General Sessions or may be withheld from walking on stage to receive their award until the conclusion of that Awards session if they are not in appropriate attire.