

Florida HOSA Competitive Events for 2025 - 2026

Middle School

Health Science Category

Foundations of Medical Reading
Foundations of Medical Terminology
Foundations of Nutrition
Health Career Exploration
Math for Health Careers

Health Professions Category

Foundations of Veterinary Science

Emergency Preparedness Category

Life Threatening Situations
Public Health

Leadership Category

Extemporaneous Health Poster
Foundations of Healthy Living
Health Career Preparation
Prepared Speaking
Speaking Skills

Teamwork Category

Dynamic Decisions
Exploring Medical Innovation
First Step Career Skills ***New***

Teamwork Category (cont.)

Foundations of HOSA Bowl
Health Career Display
Health Education

Recognition Category

America's Blood Centers (SLC & ILC)
Barbara James Service Award (SLC & ILC)
Emotional Well-Being (ILC only)
Health Literacy Ambassador (SLC & ILC)
HOSA Happenings (SLC & ILC)
HOSA History Exam (SLC & ILC) ***2026 ONLY***
HOSA Service Project (SLC & ILC)

Secondary and Postsecondary/Collegiate

Health Science Category

Behavioral Health
Biomedical Equipment Tech ***New***
Dental Terminology
Health Informatics
Healthcare Administration ***New***
Human Growth & Development
Medical Law and Ethics
Medical Math
Medical Reading
Medical Spelling
Medical Terminology
Nutrition
Pathophysiology
Pharmacology
World Health & Disp. in Healthcare

Health Professions Category

Biotechnology
Clinical Laboratory Science
Clinical Nursing
Clinical Specialty
Dental Science
Family Medicine Physician
Home Health Aide
Medical Assisting
Nursing Assisting
Occupational Therapy
Patient Care Technician

Health Prof. Category (cont.)

Personal Care
Pharmacy Science
Phlebotomy
Physical Therapy
Respiratory Therapy
Sports Medicine
Veterinary Science

Emergency Preparedness Category

CERT Skills
CPR/First Aid
Emergency Medical Technician
Epidemiology
Life Support Skills
Mental Health Promotion
MRC Partnership
Public Health

Leadership Category

Extemp. Writing - Health Policy
Health Career Photography
Healthy Living
Interviewing Skills
Job Seeking Skills
Prepared Speaking
Researched Persuasive Writing
and Speaking
Research Poster
Speaking Skills

Teamwork Category

Biomedical Debate
Community Awareness
Creative Problem Solving
Forensic Science
Health Career Display
Health Education
HOSA Bowl
Medical Innovation
Parliamentary Procedure
Public Service Announcement

Recognition Category

America's Blood Centers (SLC & ILC)
American Red Cross Chapter
Recognition (SLC & ILC)
American Red Cross Diversify the Blood
Supply Video Challenge (ILC only)
Barbara James Service Award (SLC & ILC)
Emotional Well-Being (ILC only)
Healthcare Issues Exam
Health Literacy Ambassador (SLC & ILC)
HOSA Happenings (SLC & ILC)
HOSA History Exam (SLC & ILC) ***2026 ONLY***
HOSA Service Project (SLC & ILC)